

Run To Paradise

COPPER KNOB
BY STEPHENETS

拍數: 52 牆數: 2 級數: Improver
編舞者: Diana Bishop (AUS)
音樂: Run To Paradise (Radio Edit No 1) - Choirboys



- 1-2-3-4 Walk forward right-left-right-left
1-2&3-4 Touch right toe to right side & hold, bring right next to left, touch left toe to left side & hold
- &1&2&3&4 Progressing forward, bring left next to right, right toe touches out to right, bring right next to left, left toe touches out to left, bring left next to right, right toe touches out to right, bring right next to left, left toe touches out to left (do not put weight onto left toe)
- 1-2-3&4 Rock forward onto left, back onto right, ½ turn shuffle to left on left-right-left
1-2-3-4 Step right forward, ¼ turn onto left, paddle turn) step right forward, ¼ turn to left
- 1-2-3&4 Rock forward onto right, back onto left, back onto right, bring left next to right, forward onto right (coaster step)
1-2-3&4 Step left forward, turn ½ to right, shuffle forward on left-right-left
- 1-2-3-4 Step right forward & hold, turn ½ to left & hold
1-2-3-4 Step right forward & hold, turn ½ to left & hold
- 1-2&3-4 Touch right toe to front & out to right side, bring right next to left, touch left toe to left side, bring left next to right, touch right toe to right side
1-2-3&4 Rock forward onto right, back onto left, ½ turn shuffle to right on right-left-right
- 1-2&3-4 Touch left toe to front & out to left side, bring left next to right, touch right toe to right side, bring right next to left, touch left toe to left side
1-2-3&4 Rock forward onto left, back onto right, ½ turn shuffle to left on left-right-left

REPEAT
