

Rumours

拍數: 32 牆數: 2 級數: Improver
編舞者: William Sevone (UK)
音樂: Rumors - Lindsay Lohan



2X FLICK KICK BALL STEP-HOLD, FLICK KICK, ½ RIGHT STEP FORWARD (6:00)

1&2 Flick kick right foot forward, step right foot next to left, step onto left foot
3 Hold (transfer weight to right foot)
4&5 Flick kick left foot forward, step left foot next to right, step onto right foot
6 Hold (transfer weight to left foot)
7-8 Flick kick right foot forward, turn ½ right & step slightly forward onto right foot

2X FLICK KICK BALL STEP-HOLD, FLICK KICK, ½ LEFT STEP FORWARD (12:00)

9&10 Flick kick left foot forward, step left foot next to right, step onto right foot
11 Hold (transfer weight to left foot)
12&13 Flick kick right foot forward, step right foot next to left, step onto left foot
14 Hold (transfer weight to right foot)
15-16 Flick kick left foot forward, turn ½ left & step slightly forward onto left foot

4X SIDE STEP-TOGETHER (12:00)

17 (Angle body to left & bending knees slightly) step right foot to right side
18 (Straightening up) touch left foot next to right
19 (Angle body to right & bending knees slightly) step left foot to left side
20 (Straightening up) touch right foot next to left
21-24 Repeat counts 17-20

MODIFIED ¼ LEFT COASTER, MODIFIED ½ RIGHT COASTER, PUSH STEP, ¼ RIGHT ROCK STEP (6:00)

25&26 Step right foot to right side, turning ¼ left step left foot next to right, step forward onto right foot
27&28 Step forward onto left foot, turning ½ right step right foot next to left, step forward onto left foot
29-30 Push right foot forward, step onto left foot
30-32 Turn ¼ right & rock right foot to right side, step onto left foot

REPEAT
