Rumba Coast (P)



編舞者: Steve Mason (UK)

音樂: Don't Worry Baby - The Beach Boys & Lorrie Morgan

right(reverse LOD), step forward on left, hold



Position: Open double hand facing each other. Lady's & man's steps are virtually mirror image

MAN: FORWARD RUMBA BOX, SIDE CLOSE ¼ TURN LEFT, ¾ LEFT, BEHIND SIDE ¼ TURN RIGHT		
1-4	Step left foot to left, close right to left, step forward on left, hold	
5-8	Step right foot to right, close left foot to right, step back on right foot, hold	
9-12	Step left foot to left, close right to left, dropping left hand step left foot ¼ turn left, hold	
13-16	Dropping right hand step forward on right foot, pivot ½ turn left, step right foot ¼ turn left (to complete ¾ turn left), hold	
17-20	(Double hand hold) step left behind right, dropping right hand step right foot ¼ turn	

LADY: REVERSE RUMBA BOX, SIDE, CLOSE 1/4 TURN RIGHT, 3/4 RIGHT, BEHIND, SIDE, 1/4 TURN LEFT

Step right foot to right, close left to right, step back on right, hold
Step left foot to left, close right to left, step forward on right, hold
Step right foot to right, close left to right, drop right hand and step right foot ¼ turn right, hold
Dropping left hand step forward on left foot, pivot ½ turn, step left foot ¼ turn to the right, hold
(Double hand hold) step right foot behind left, drop left hand step left foot ¼ turn left, step forward on right, hold

MAN: FORWARD COASTER, WALK BACK, BACK COASTER, STEP KICK, STEP TAP STEP ½ TURN, STEP KICK, STEP TAP

21-24	Step forward on right foot, step left foot next to right foot, step back on right foot, hold
25-28	Walk back on left, right, left, hold
29-32	Step back on right foot, step left foot next to right, step forward on right foot, hold
33-36	Step forward on left foot, kick right foot forward, step down on right foot, tap left foot next to right
37-40	Drop left hand and make a ½ turn left (to face LOD) on ball of right foot & hold right hand, step forward on left foot, kick right foot, step forward on right foot, tap left foot next to right

LADY: FORWARD COASTER, WALK BACK OR FULL TURN, BACK COASTER, STEP KICK, STEP TAP, STEP $\frac{1}{2}$ TURN, STEP KICK, STEP TAP

21-24	Step forward on left foot, step right foot next to left, step back on left foot, hold
25-28	Walk back on right left right, or do a full turn right, hold
29-32	Step back on left foot, step right foot next to left, step forward on left foot, hold
33-36	Step forward on right foot, kick left foot forward, step onto left foot, tap right foot next to left foot
37-40	Drop right hand & make a ½ turn right on ball of left foot, hold with left hand step on right foot, kick left foot, step forward on left foot, tap right foot next to left foot

MAN: SIDE, TOGETHER, SIDE, TOUCH, FULL TURN TO THE RIGHT, SIDE, TOGETHER, SIDE, TOUCH

41-44	Step left foot to left, close left foot to right, step left foot to left, touch right toes to left foot
45-48	Drop right hand & make a full turn full turn right stepping right, left, right, holding with left hand touch left next to right foot (man passes in front of lady)
49-52	Drop left hand & pass in front of lady stepping left foot to left, close right foot to left, step left
	foot to left, holding with right hand touch right foot next to left foot

LADY: SIDE, TOGETHER, SIDE, TOUCH, FULL TURN COUNTER TO THE RIGHT, SIDE TOGETHER, SIDE, TOUCH

41-44	Step right foot to right, close left foot to right, step right foot to right, touch left foot next to right foot	
45-48	Drop left hand and pass behind man making a full turn left stepping left, right, left, holding with right hand, touch right foot next to left foot	
49-52	Drop right hand and pass behind man stepping right foot to right, close left foot to right, step right foot to right, touch left foot to right foot while holding with left hand	
MEN: STEP TOUCH, STEP SCUFF, JAZZ BOX 1/4 TURN RIGHT, LEFT VINE, STEP		
53-56	Step right foot diagonally forward, touch left foot to right foot, step left foot diagonally forward, scuff right foot forward	
57-60	Cross right foot over left foot, step back on left foot, make a $\frac{1}{4}$ turn right stepping onto right foot, resume double hand hold, touch left foot next to right foot	
61-64	Step left foot to left, step right foot behind left foot, step left foot to left, step right foot with weight next to left foot	
LADY: STEP TOUCH, STEP SCUFF, JAZZ BOX, 1/4 TURN LEFT, RIGHT VINE, OR FULL TURN, STEP		
53-56	Step left foot diagonally forward, touch right foot next to left, step right foot diagonally forward, scuff left foot through	
57-60	Cross left foot over right foot, step back on right foot, make ¼ turn left stepping on to left foot, resume double hand hold, touch right foot next to left foot	
61-64	Step right foot to right, step left foot behind right foot, step right foot to right, step left foot with weight next to right foot	
Alternatively you can do a full turn, turning to the right, dropping the left hand		

REPEAT