

Rum & Coca Cola

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Hedy McAdams (USA)
音樂: Cowboy Mambo - Tom Russell



SIDE, HOLD, CROSS, HOLD, SIDE-CROSS-SIDE, HOLD

1-2 Step right to right, hold
3-4 Cross left over right, hold
5 Step right to right
6 Cross left over right
7-8 Step right to right, hold

SIDE, HOLD, CROSS, HOLD, SIDE-CROSS-SIDE, HOLD

1-2 Step left to left (and slightly back), hold
3-4 Cross right over left, hold
5 Step left to left
6 Cross right over left
7-8 Turn $\frac{1}{4}$ left (9:00) and step forward on left, hold

STEP, PIVOT, STEP, PIVOT, RIGHT, LOCK, RIGHT, HOLD

1 Step forward on ball of right
2 Pushing with right pivot $\frac{1}{4}$ left (6:00) on left
3 Step forward on ball of right
4 Pushing with right pivot $\frac{1}{4}$ left (3:00) on left
5 Step forward on right (angle body slightly left)
6 Lock left behind right
7-8 Step forward on right, hold

Use hips in a circular motion to the left to "round out" the pivots for counts 1-4

STEP, PIVOT, STEP, PIVOT, RIGHT, LOCK, RIGHT, HOLD

1 Step forward on ball of left
2 Pushing with left pivot $\frac{1}{4}$ right (6:00) on right
3 Step forward on ball of left
4 Pushing with left pivot $\frac{1}{4}$ right (9:00) on right
5 Step forward on left (angle body slightly right)
6 Lock right behind left
7-8 Step forward on left, hold

Use hips in a circular motion to the right to "round out" the pivots for counts 1-4

CROSS, HOLD, STEP, HOLD, RIGHT, CROSS, RIGHT, CROSS

1-2 Cross right over left (with wide swing of right foot), hold
3-4 Step back on left, hold
5 Step right on a diagonal back/right
6 Cross left over right (progressing back/right on diagonal)
7 Step right on a diagonal back/right
8 Cross left over right (continue diagonal progression)

ROCK, HOLD, RECOVER, HOLD, STEP, HOLD, PIVOT, HOLD

1-2 Rock step back on right (opts: lean right shoulder back/right on diagonal - may lift left leg if it feels good), hold
3-4 Step forward on left, hold

- 5-6 Step forward on right (lean forward), hold
- 7 Pivot body $\frac{1}{2}$ left (3:00) (in place) and shift weight left
- 8 Hold

REPEAT
