

Rules To Burn

拍數: 64 牆數: 2 級數: Intermediate nightclub
編舞者: Ingemar Kardeskog (SWE)
音樂: I Believe (Radio Edit) - Joana Zimmer



SIDE, CLOSE & CROSS, SIDE, ¼ TURN RIGHT, STEP, STEP ½ BALL TURN STEP, ¼ TURN RIGHT, ½ TURN, CROSS

- 1 Step left to left side
- 2&3 Close right beside left, cross left over right, step right to right side
- 4&5 Step left behind right, turn ¼ right stepping right forward, step left forward
- 6&7 Step right forward turning ½ left on ball of right, step left beside right, step right forward
- 8&1 Turn ¼ right stepping left to left side, turn ½ right stepping right to right side, cross left over right (6:00)

SWAY TWICE, BEHIND, SIDE, CROSS, SWAY TWICE, BEHIND, & ¼ TURN RIGHT, ¼ TURN RIGHT

- 2-3 Sway right stepping right to right side, sway left shifting weight to left
- 4&5 Step right behind left, step left to left side, cross right over left
- 6-7 Sway left stepping left to left side, sway right shifting weight to right
- 8&1 Step left behind right, turn ¼ right stepping right forward, turn ¼ right stepping left to left side (12:00)

CLOSE, CROSS, SIDE, COASTER STEP, STEP ½ TURN LEFT, KICK BALL SIDE

- 2&3 Close right beside left, cross left over right, step right to right side
- 4&5 Step left back, step right beside left, step left forward
- 6-7 Step right forward, turn ½ left onto left
- 8&1 Kick right forward, step right beside left, step left to left side (on 4th wall do 8& and restart from section 1) (6:00)

Restart here from the beginning of section 1 on the 4th wall after excluding the 1 count in section 3. Replace with count 1 from section 1. (facing front - 12:00)

BEHIND, ¼ TURN, STEP, RONDE, CROSS, BACK, BACK LOCK BACK, TRIPLE ½ TURN RIGHT

- 2&3 Step right behind left, turn ¼ left stepping left forward, step right forward
- 4&5 Sweep left out and in front of right, cross left over right, step right back
- 6&7 Step back on left, lock right in front of left, step left back
- 8&1 Turn ¼ right stepping right to right side, close left beside right, turn ¼ right stepping right forward (9:00)

STEP ½ BALL TURN STEP, WALK, WALK, ROCK, RECOVER, TRIPLE ¾ TURN RIGHT

- 2&3 Step left forward turning ½ right on ball of left, step right beside left, step left forward
- 4-5 Walk right forward with attitude, walk left forward with attitude
- 6-7 Rock right forward, recover onto left
- 8&1 Turn ½ right stepping right forward, step left beside right, turn ¼ right stepping right forward (12:00)

& SIDE, CLOSE, CROSS, SIDE, BEHIND, TURN ¼ RIGHT, STEP, STEP ½ BALL TURN, STEP, ¼ TURN RIGHT, ½ TURN, CROSS

- &2&3 Step left to left side, close right beside left, cross left over right, step right to right side
- 4&5 Step left behind right, turn ¼ right stepping right forward, step left forward
- 6&7 Step right forward turning ½ left on ball of right, step left beside right, step right forward
- 8&1 Turn ¼ right stepping left to left side, turn ½ right stepping right to right side, cross left over right (6:00)

SWAY TWICE, BEHIND, SIDE, CROSS, SWAY TWICE, BEHIND, &¼ TURN RIGHT, ¼ TURN RIGHT

- 2-3 Sway right stepping right to right side, sway left shifting weight to left
4&5 Step right behind left, step left to left side, cross right over left
6-7 Sway left stepping left to left side, sway right shifting weight to right
8&1 Step left behind right, turn ¼ right stepping right forward, turn ¼ right stepping left to left side (12:00)

COASTER STEP, STEP ½ TURN RIGHT, WALK, WALK, SIDE, BESIDE

- 2&3 Step right back, step left beside right, step right forward
4-5 Step left forward, turn ½ right stepping down on right
6-7 Walk left forward with attitude, walk right forward with attitude
8& Step left to left side, step right beside left to start again from section 1 (6:00)

REPEAT

TAG

After 2nd wall (facing front - 12:00) add following 6 counts and restart from section 1

SIDE & CROSS, SIDE & CROSS, SIDE, STEP

- 1-2& Step left to left side, close right beside left, cross left over right
3-4& Step right to right side, close left beside right, cross right over left
5-6 Step left to left side, step right beside left
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