

# Rubberband Man

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 4      級數: Advanced  
編舞者: Barry Amato (USA)  
音樂: Indian Outlaw - Tim McGraw



## The first 4 counts have a "calypso" feel

1 Stomp right over left foot  
& Stomp left foot in place  
2 Stomp right foot next to left  
& Stomp left foot over the right foot  
3 Stomp right foot in place  
& Stomp left foot next to the right  
4 Step on right foot (beginning to travel in a circle toward the left)  
5 Step on the left foot (continue to travel in a circle toward the left)  
6 Step on the right foot to face original wall  
7 Kick the left foot  
& Step on the left foot (7&8 are a kick ball change)  
8 Step on the right foot

1 Roll left knee out  
2 Roll left knee in  
3 Roll right knee out  
4 Roll right knee in  
& Step out on the left foot  
5 Step out on the right foot  
& Step in on the left foot  
6 Step in on the right foot  
7 Roll left knee out  
8 Roll right knee toward the left while making a  $\frac{1}{4}$  turn to the left

1 Step out on the right foot  
2 Pivot  $\frac{1}{2}$  turn  
3 Step out on the right foot  
4 Jump  $\frac{1}{4}$  turn to the left  
5 Step out on the right foot again  
6 Pivot  $\frac{1}{2}$  turn  
7 Step out on the right foot  
8 Jump  $\frac{1}{4}$  turn to the left

1 Step out on the right foot while pressing right shoulder down and left shoulder up  
2 Step left behind the right while pressing left shoulder down & the right up  
3 Step out on the right with shoulders in normal position  
4 Scuff left heel while doing a  $\frac{1}{2}$  turn toward the right shoulder (to face opposite wall)  
5 Step out on the left foot while pressing shoulder down and the left up  
6 Step right behind left while pressing right shoulder down and the left up  
7 Step out on the left foot with shoulders in normal position  
8 Touch the right foot in place

1 Scuff right heel forward  
2 Brush the ball of right foot across the left  
3 Tap toe of left foot on the floor

- & Shrug shoulders up
- 4 Shrug shoulders down
- 5 With left foot over right, turn complete around toward the left
- 6 Complete turn
- 7 Kick the right foot out in front
- 8 Kick the right foot behind and place it on the floor straight back
  
- 1 Push left hip forward & pull arms back (as if rowing a boat)
- 2 Take left hip back & push arms forward (with same rowing effect)
- 3 Lift left leg & place foot against right knee (arms pulled back)
- 4 Set left foot straight back (clap with arms straight out in front of you)
- 5 Push right hip forward & pull arms back (as if rowing a boat)
- 6 Take right hip back and push arms forward (with same rowing effect)
- 7 Lift right leg (pull arms back)
- 8 Step right foot next to the left foot (clap with arms straight out in front of you)

**REPEAT**

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