

# Rub It In

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Ruth Rinehart (USA)  
音樂: Rub It In - Matt King



## STEP BALL ROCKS

1&2      Step forward right; step forward ball of left foot in line with right foot; rock weight to right foot  
3&4      Step forward left; step forward ball of right in line with left foot; rock weight to left foot  
5-8      Repeat 1-4

## STEP BACKS, HEELS, HIPS RIGHT, RIGHT, LEFT, LEFT

&1&2      Step back right; left heel forward; step back left; right heel forward  
&3&4      Step back right; left heel forward; step back left; right heel forward  
5-6      Bump hips right twice  
7-8      Bump hips left twice

## MONTEREY ½ TURN RIGHT, ROCK STEPS WITH LEFT ¼ TURN

1-4      Touch right out; right half-turn and weight right; touch left out; then step left home  
5-8      Rock right; rock left; step right behind left; then step forward ¼ turn to the left

## ROCK FORWARD RIGHT, RECOVER LEFT, 2 (LEFT/2 TURN) SHUFFLES TURNING RIGHT, STOMP RIGHT; STOMP LEFT

1-4      Rock forward right; recover left; shuffle right, left, right turning ½ turn right  
5-8      Shuffle left, right left turning left/2 turn right; stomp right; stomp left

## REPEAT

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