

Row Ya Boat!

拍數: 64 牆數: 4 級數: Improver

編舞者: Tina Argyle (UK)

音樂: I Don't Believe You Want To Get Up and Dance (Oops Up Side Your Head) - The Gap Band



ARMS

- 1-2 Slap side of right thigh twice with right hand, extend left arm above head
- 3-4 Clap hands twice in the center
- 5-6 Slap side of left thigh twice with left hand, extend right arm above head
- 7-8 Clap hands twice in the center
- 9-16 Repeat 1-8

ROW YA BOAT

- 1-2 Lean forward with hand rowing action for 2 counts
- 3-4 Lean back with hand rowing action for 2 counts
- 5-6 Lean forward with hand rowing action for 2 counts
- 7-8 Lean back with hand rowing action for 2 counts
- 9-16 Repeat 1-8

RIGHT VINE, POINT, CLAP, ROLLING LEFT VINE, TAP WITH DOUBLE CLAP

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, point left toe to left side with single clap
- 5-6 ¼ turn left stepping forward, left ½ turn left stepping back right
- 7&8 ¼ turn left stepping left to left side, clap, tap right side of left with clap

3 WALKS FORWARD, KICK, CLAP, 2 WALKS BACK, COASTER STEP WITH DOUBLE CLAP

- 1-4 Walk forward right, left, right, kick left forward with clap
- 5-6 Walk back left, right
- 7&8 Step back left, step right at side of left, step forward left (clap twice on &8)

SLIDE, TAP, HIP BUMPS

- 1-2 Take big step to right side, tap left at side of right
- &3&4 Keeping weight on right with left knee bent bump left hip to left side twice
- 5-6 Take big step to left side, tap right at side of left
- &7&8 Keeping weight on left with right knee bent bump right hip to right side twice

BOX STEPS WITH ¼ TURN LEFT

- 1-2 Step forward right, step forward left
- 3-4 ¼ turn left stepping back right, step left to left side
- 5-8 Step forward right, step forward left, step back right, step back left

REPEAT

TAG

End of wall 4 only when you come back to face the front

Mexican wave starting from front row of the dance floor to the back row over 4 counts calling whoooooaa! Start dance again with arms section