

Roundup Cha Cha (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Allan Mitchell & Patricia Mitchell
音樂: Longing - The Derailers



Position: Open Right Side by Side. Same steps for both unless stated

MAN'S STEPS

ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD

- 1-2 Left step forward, rock back onto right (release hands)
- 3&4 Shuffle back left, right, left (join man's right to lady's right hand)
- 5-6 Right step back, rock forward onto left
- 7&8 Shuffle forward right, left, right (join left hands in front, now in right side by side.)

4 X STEP PIVOTS ¼ TURN RIGHT

- 9-10 Left step forward, pivot ¼ turn right weight right
- 11-12 Repeat steps 9-10 (lowering left hands behind lady's back)
- 13-14 Repeat steps 9-10 (release left hands, raise right over man's head)
- 15-16 Repeat steps 9-10 (right hands over lady's head, rejoin left hands in front. Now back in right side by side)

LEFT & RIGHT ROCKS AND SYNCOPATED ROCKS FORWARD

- 17-18 Left step forward, rock back onto right
- 19&20 Left step forward, rock back onto right, rock forward onto left
- 21-22 Right step forward, rock back onto left
- 23&24 Right step forward, rock back onto left, rock forward onto right

STEPS IN PLACE, STEPS FORWARD

- 25-26 Left step in place, right step in place (lower left hands, raise right)
- 27&28 Shuffle forward left, right, left
- 29-30 Right step forward, left step forward (release left hands)
- 31&32 Shuffle forward right, left, right

Join left hands in front. Now back in right side by side

ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD

- 33-34 Left step forward, rock back onto right (release left hands)
- 35&36 Shuffle back left, right, left
- 37-38 Right step back, rock forward onto left (release right hands)
- 39&40 Shuffle forward right, left, right (join man's right to lady's left hand. Now in open right side by side)

CROSS, SIDE, TRIPLE IN PLACE, CROSS SIDE, SHUFFLE FORWARD

- 41-42 Left step across right, right step side right
- Pick up lady's right hand above lady's left arm and then pass man's left arm over lady's head as lady triples back**

- 43&44 Triple step in place left, right, left
- 45-46 Right step across left, left step to side

Lower then release lady's right hand & pass man's right arm over man's head

- 47&48 Shuffle forward right, left, right

Now back in open right side by side

REPEAT

LADY'S STEPS

STEP PIVOT, SHUFFLE FORWARD, STEP PIVOT, SHUFFLE FORWARD

- 1-2 Left step forward, pivot ½ turn right weight right (release hands)
3&4 Shuffle forward left, right, left (join man's right to lady's right hand)
5-6 Right step forward, pivot ½ turn left weight left
7&8 Shuffle forward right, left, right (join left hands in front, now in right side by side.)

4 X STEP PIVOTS ¼ TURN RIGHT

- 9-10 Left step forward, pivot ¼ turn right weight right
11-12 Repeat steps 9-10 (lowering left hands behind lady's back)
13-14 Repeat steps 9-10 (release left hands, raise right over man's head)
15-16 Repeat steps 9-10 (right hands over lady's head, rejoin left hands in front. Now back in right side by side)

LEFT & RIGHT ROCKS AND SYNCOPATED ROCKS FORWARD

- 17-18 Left step forward, rock back onto right
19&20 Left step forward, rock back onto right, rock forward onto left
21-22 Right step forward, rock back onto left
23&24 Right step forward, rock back onto left, rock forward onto right

½ TURN LEFT, FORWARD 1 ½ TURN RIGHT

- 25-26 Left step ¼ turn left, right step ¼ turn left (now facing man) (lower left hands, raise right)
27&28 Shuffle back left, right, left
29-30 Pivot ½ turn right on ball of left and step forward right, pivot ½ turn right on ball of right and step back on left (release left hands)
31&32 Pivot ½ turn right on ball of left and step forward right, left step forward (&), right step forward
Join left hands in front. Now back in right side by side

STEP PIVOT, SHUFFLE FORWARD, STEP PIVOT, SHUFFLE FORWARD

- 33-34 Left step forward, pivot ½ turn right weight right (release left hands)
35&36 Shuffle forward left, right, left
37-38 Right step forward, pivot ½ turn left weight left (release right hands)
39&40 Shuffle forward right, left, right (join man's right to lady's left hand. Now in open right side by side)

FULL TURN LEFT, TRIPLE BACK, SIDE CROSS, SHUFFLE FORWARD

- 41-42 Left step ¼ turn left (across front of man), pivot on ball of left making ¼ turn left and right step side right

Pick up lady's right hand above lady's left arm and then pass man's left arm over lady's head as lady triples back

- 43&44 Pivot on ball of right making ½ turn left and left step side left, step back right, left (on left side of man)

- 45-46 Right step to side, left step across right (behind man)

Lower then release lady's right hand & pass man's right arm over man's head

- 47&48 Shuffle forward right, left, right

Now back in open right side by side

REPEAT
