

Round One

拍數: 64 牆數: 2 級數: Improver
編舞者: Jan Wyllie (AUS)
音樂: Drink One More Round - Pat Green



STEP HOLD CROSS ROCK, STEP HOLD CROSS ROCK

1-4 Step right to right, hold, cross/rock left over right, rock/return weight to right
5-8 Step left to left, hold, cross/rock right over left, rock/return weight to left

¼ TURN RIGHT, HOLD, STEP PIVOT ½ RIGHT, TOE STRUT, KICK BALL CHANGE

9-10 Making ¼ turn right step forward on right, hold
11-12 Step forward on left, pivot ½ turn right transferring weight to right
13-14-15&16 Toe strut forward on left, right leg kick ball change

STEP TWIST SEQUENCE TWICE, ROCK ROCK SHUFFLE BACK

17-18 Step forward on right, bringing left to right twist heels to right (weight on left)
19-20 Step forward on right, bringing left to right twist heels to right (weight on left)

Or just do 4 duck walks if you have trouble with this

21-22-23&24 Rock/step forward on right, rock back on left, shuffle back right, left, right

ROCK ROCK SHUFFLE, SHUFFLE ½ RIGHT, ROCK ¼ LEFT

25-26-27&28 Rock/step back on left, rock forward on right, shuffle forward left, right, left
29&30 Shuffle forward right, left, right making ½ turn right
31-32 Rock/step back on left making ¼ turn left, rock/return weight to right

CROSS STEPS, CROSS ROCK, SHUFFLE LEFT

33-34-35-36 Step left over right, step right to right, step left over right, step right to right
37-38-39&40 Cross/rock left over right, rock/return weight to right, shuffle to the left left, right, left

STEP KICK STEP STEP, STEP KICK STEP STEP

41-44 Step right across left towards left diagonal, kick left forward, step left behind right, step right to right
45-48 Step left across right towards right diagonal. Kick right forward, step right behind left, step left to left

ROCK ROCK, LOCK SHUFFLE, ½ TURN SHUFFLE, ROCK ROCK

49-50-51&52 Rock/step forward on right, rock back on left, step back on right, lock left over right, step back on right
53&54 Making ½ turn left back over left shoulder shuffle forward left, right, left
55-56 Rock/step forward on right, rock back on left

TOE STRUT, STEP PIVOT ½ LEFT, STEP BACK ½ TURN RIGHT, ROCK TAP

57-60 Toe strut back on right, step back on left, pivot ½ turn left on ball of left (weight on right)
61-62 Step back on left, step back on right and make ½ turn right (becomes forward)
63-64 Rock/return weight to left, tap right beside left

REPEAT

TAG

At the end of walls 2 and 4

1-4 Step right to right, tap left beside right, step left to left, tap right beside left
5-8 Step right to right, tap left beside right, step left to left, tap right beside left

