Roulette

級數: Intermediate/Advanced

編舞者: Jody Jensen

音樂: Big Time - Trace Adkins

EXTENDED SUGAR PUSH:

拍數: 64

- 1-2 Step right foot forward; step left foot forward
- 3-4 Tap right toe behind left foot; step back on right foot
- 5-6 Step back on left foot; step back on right foot
- 7&8 Step left foot back; step right foot beside left; step left foot forward

KICK-BALL-CHANGE, STOMP, CLAP, LEFT & RIGHT SAILOR SHUFFLES:

- 1&2 Kick right foot forward, place right foot beside left, lift left foot slightly (keep weight on left foot, right knee should be bent)
- 3-4 Lift right foot and stomp (weight on right foot, bend right. Knee), clap
- 5&6 Cross left foot behind right foot, step right foot to right, step left foot forward
- 7&8 Cross right foot behind left foot, step left foot to left, step right foot forward

CROSS-SIDE-CROSSES, PIVOT, LEFT ¼ TURN, RIGHT SHUFFLE:

- 1&2 Cross left foot behind right, step right foot to right, cross left foot over right
- &3&4 Step right foot to right, cross left foot behind right, step right foot to right, cross left foot over right
- 5-6 Step right on ball of right foot pivot ¼ turn to left lifting and replacing left foot (weight on left foot)
- 7&8 Shuffle forward right, left, right (now facing 9:00)

ROCK STEP, ¾ LEFT TURNING SHUFFLE, HEEL TOUCHES, CROSS UNWIND:

- 1-2 Step left foot forward, rock back onto right foot
- 3&4 Shuffle left, right, left in place while turning ³/₄ to the left (now facing 12:00)
- 5&6& Touch right heel forward, place right foot next to left, touch left heel forward, place left foot next to right (weight on left foot)
- 7-8 Cross right foot over left, unwind ½ turn to left (facing 6:00)

CHUG WALK, HEEL JACKS:

- &1&2 Stepping forward on right foot, slide touch left toe beside right foot (left knee bent), stepping forward on left foot, slide touch right toe beside left foot (right knee bent)
- &3&4 Same steps as above (&1&2)
- &5&6 Step back on right foot, touch left heel forward, step left foot back to home, step right foot forward to home
- &7&8 Step back on left foot, touch right heel forward, step right foot back to home, step left foot forward to home

ROLLING VINE WITH CROSSOVER, REVERSE 1&1/4 TURNING VINE:

- Step right foot to right, turning ¼ turn to right, continue turning another ¼ turn to right as you step down with left foot, continue turning to the right ½ turn stepping down with your right foot facing 6:00, cross left foot over right (bending both knees and weight on your left foot)
 Step right foot to the right, turn ½ turn to the left on the ball of your right foot and step left foot
- down (now facing 12:00), continue turning ½ turn to the left and step down with right foot, weight on right foot turn body ¼ left and touch left heel forward (facing 3:00)

SHUFFLE FORWARD, ROCK STEP, ¼ TURN RIGHT SHUFFLE-IN-PLACE, RIGHT ¼ TURN SIDE ROCK PIVOT STEP:

1&2 Shuffle forward left, right, left (facing 3:00)





牆數:4

- 3-4 Step forward on right foot, rock back on left foot
- 5&6 While turning ¼ turn to right, shuffle right, left, right, in place (6:00)
- 7-8 Step left foot forward pivot¹/₄ turn to right while shifting weight from left to right (rock step) (now facing 9:00)

TOUCH, SYNCOPATED OUT-OUT-IN-CROSS, UNWIND ½ TURN, KICK- BALL-CROSS, HEEL TOUCH, TOE TOUCH

- 1&2 Touch ball of left foot next to right, step left foot out to left, step right foot out to the right (weight is on right foot)
- &3-4 Step left foot home, cross right foot over left, unwind ½ turn left
- 5&6 Kick right foot forward, place right foot beside left foot, cross left foot over right foot
- 7-8 Touch right heel forward, touch right toe back

REPEAT