

# Rough & Ready

**COPPER** **NOB**  
BY STEPHENETS

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Debbie 'Buttercup' Lambing (CAN)  
音樂: Rough And Ready (Single Edit) - Trace Adkins



## KICK, KICK SAILOR STEP (RIGHT, LEFT)

- 1-2-3&4      Kick right foot diagonally forward to the left, kick right foot out to the right side, right sailor step  
5-6-7&8      Kick left foot diagonally forward to the right, kick left foot out to the left side, left sailor step

## WALK FORWARD RIGHT, LEFT; HEEL JACK AND STEP ½ TURN LEFT; STOMP STOMP

- 1-2&3&4      Walk forward right, walk forward left, step back on right, touch left heel forward, bring left foot home with weight, touch right toe next to left foot  
5-8      Step forward right, pivot ½ left, stomp right, stomp left

## SIDE SWITCHES, HEEL TOUCHES, ¼ JAZZ RIGHT, TRIPLE STEP

- 1&2&3&4&      Touch right to right side, bring right home, touch left to left side, bring left home, touch right heel forward, bring right home, touch left heel forward, bring left home  
5-6-7&8&      Cross right over left, step back on left, step forward right turning a ¼ right, step left beside right, step right beside left, step left beside right

## SHUFFLE FORWARD RIGHT; ½ TURN RIGHT SHUFFLE; RIGHT COASTER STEP; LEFT KICK STEP TOUCH

- 1&2-3&4      Shuffle forward right, left, right; make a ½ right shuffling back left, right, left  
5&6-7&8      Step back right, step left beside right, step forward right, kick left foot forward, step left foot home, touch right toe beside left

## SIDE SWITCHES RIGHT, LEFT; HEEL BALL ¼ STEP LEFT

- 1&2&3&4      Touch right toe to right side, bring right home, touch left toe to left side, bring left home, tap right heel forward, turning a ¼ left step on ball of right, step left beside right

### Restart here on the 1st wall of dance

- 5&6&7&8      Touch right toe to right side, bring right home, touch left toe to left side, bring left home, tap right heel forward, turning a ¼ left step on ball of right, step left beside right

Dance this section 5-8 three times on the third rotation of dance

## REPEAT

## SPECIAL INSTRUCTIONS FOR THE LAST 4 COUNTS OF THE DANCE:

First wall: omit the last 4 counts (5-8) when dancing the 1st time. Which means you will dance the first wall twice, this only happens at the beginning of the dance

Third rotation of dance: dance the last 4 counts three times. Due to the restart and tag you will not dance the back wall until the 7 rotation of the dance