

# Rough & Ready

**COPPER KNOB**  
STEPPERS

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Cathy Falconer (USA)  
音樂: Rough & Ready - Trace Adkins



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## ROCK BACK, ROCK FORWARD, ROCK FORWARD, ROCK BACK, SPIN BACK TO RIGHT

1-4      Rock back on right, rock forward on left, rock forward on right, rock back on left,  
5-8      Step forward with right making ½ turn right, step back with left making ½ turn right, step  
         forward with right making ½ turn right, step forward with left

## TWO KICK BALL CHANGES, TOUCH, TOUCH, SAILOR ¼ TURN

9&10      Kick right foot forward, step on ball of right, change weight to left  
11&12      Kick right foot forward, step on ball of right, change weight to left  
13-14      Touch right toe forward, touch right toe to right side  
15&16      Step right behind left making ¼ turn right, step left too left side, step right to right side

## CROSS STEPS ¼ TURN, STEP ½ TURN, TRIPLE STEP

17-20      Cross left over right, step right to right side, step left behind right, step right to right side  
         making ¼ turn right  
21-22      Step forward with left, make ½ turn right bring weight to right foot  
23&24      Triple step forward left, right, left

## JAZZ BOX ¼ TURN, SHUFFLE RIGHT, ROCK STEP

25-28      Step right over left, step left back, step right making ¼ turn right, step left beside right  
29&30      Step right to right side, step left together, step right to right side  
31-32      Step left behind right, replace weight on right

## MILITARY TURNS, ROCK FORWARD, ROCK BACK, TRIPLE STEP BACK

33-36      Step left foot forward make ½ turn right bringing weight to right foot, step left foot forward  
         make ½ turn right bringing weight to right foot  
37-38      Rock forward on left foot, rock back on right foot  
39&40      Triple step back left, right, left

**REPEAT**

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