

# The Rose

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Julie Molkner (AUS)  
音樂: The Rose - LeAnn Rimes



1st place in the 64 beat competition at Tamworth 1999

Dance starts on 3rd word "Some say LOVE"

Hands, arms by sides for the first 32 counts

## STEP FORWARD & HOLD, STEPS ON SPOT, REPEAT

1-4 Long/strong step right forward, hold, step left beside right, step right beside left

5-8 Long/strong step left forward, hold, step right beside left, step left beside right

## CROSS HOLD, STEP/TURN, STEP, CROSS, STEP/TURN, STEP, STEP TOGETHER

1-4 Cross/step right over left, hold, step left to left side turning ½ right, step right to right side

5-8 Cross/step left over right, step right to right side turning ½ left, step left to left side, step right beside left

## LEFT BACK, ROCK, SWITCH, RIGHT BACK, ROCK, SWITCH

1-4 Rock left back (leave right heel in place), hold, return to right foot, step left beside right

5-8 Rock right back (leave left heel in place), hold, return to left foot, step right beside left

## THREE BACK STEPS WITH TOE DRAGS, BALL CROSS

1-2 Long step back on left, hold drawing right toe back towards left

3-4 Long step back on right, hold drawing left toe back towards right

5-8 Long step back on left, small step back on ball of right, cross/step left over right, hold

## HIP SWAYS, TWO FULL TURN/SPINS RIGHT

Right hand or both at front waist/buckle

1-4 Large step right to right side, pushing hips right & back/around, return weight to left pushing hips left & back/around

Hips make almost circular motion

5-8 Traveling right & making 2 full turns step on right-left, right-left (turning to the right)

Next step is a brake

## STEP RIGHT, HOLD, CENTER, SWITCH, STEP LEFT, HOLD CENTER, SWITCH

1-4 Rock right out to right side, hold, return to left, step right beside left

5-8 Rock left out to left side, hold, return to right, step left beside right

## FORWARD ROCK HOLD TURNS

Gentle arm swings, right with right rock, left with left rock

1-4 Rock forward on right, hold, rock back on left turning ½ right, step forward on right

5-8 Rock forward on left, hold, rock back on right turning ½ left, step forward on left

## TWO STRIDES WITH HOLDS, FORWARD, STEP ½ TURN, TOGETHER, STEP BACK, TOGETHER

Hands by sides

1-4 Strong step forward on right, hold dragging left foot, repeat step/hold with left foot

5-8 Step forward on right turning ½ left, step left beside right, step back on right, step left together

## REPEAT

To fill the extra 8 beats at the end of the 2nd & 4th sequences & also to finish the dance:

## TWO STEP TAPS WITH HIGH LEFT HAND FINGER SNAPS

1-4 Right long step forward, hold, tap left together with a high left hand finger snap, hold

5-8 Left long step forward, hold, tap right together with a high right hand finger snap, hold

