

Rooty-Toot

拍數: 48 牆數: 4 級數:
編舞者: Rhonda Clemons (USA)
音樂: Talkin' About My Baby - Wylie And The Wild West Show



- 1-2 Step right with right foot, step left with left foot
3-4 Step home with right foot, touch home with left foot
5-6 Step left with left foot, step right with right foot
7-8 Step home with left foot, touch home with right foot
- 1&2 Polka (shuffle) forward right-left-right
3-4 Step forward with left foot and turn ½ turn to your right
5&6 Polka (shuffle) forward left-right-left
7-8 Step forward with right foot and turn ½ turn to your left

KICK BALL CHANGE

- 1&2 Kick right foot forward, step down on ball of right foot, change weight to left foot
3&4 Kick right foot forward, step down on ball of right foot, change weight to left foot
5-6 Toes inward, with both feet, turn toes outward with both feet
7-8 Toes inward, with both feet, bring heels together

- 1 Step to right side with right foot and swing hips right
2 Swing hips left, put weight on left foot
3 Swing hips right, put weight on right foot
4 Touch left foot home
5 Step to left side with left foot and swing hips left
6 Swing hips right put weight on right foot
7 Swing hips left, weight on left foot
8 Touch right foot home

- 1&2 Polka (shuffle) forward, right-left-right
3&4 Polka (shuffle) forward, left-right-left
5 Toe out ¼ turn to the right with right foot
6 Touch or kick left foot out to your side
7 Cross left foot in front of right
8 Step out to right side with right foot

- 1 Cross left foot behind right
2 Step out to your right with right foot
3-4 Swivel your hips in a circle to the left
5 Stomp right foot home close to but not touching your left foot
6-8 Hold & don't move for 3 counts

During this break in the music, feel free to move anyway you would like!

REPEAT