

Roots

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Noel Bradey (AUS)
音樂: Where the Poor Boys Dance - Lulu



BACK, FORWARD, FORWARD, FORWARD COASTER, BACK, ¼ SIDE DRAG, BALL, CROSS SHUFFLE

- &1-2 Step back on ball of right, replace weight forward on left, step right forward
3&4 Step left forward, step right beside left, step left back
5-6 Step right back, turn ¼ turn left stepping left to left side and dragging right heel slightly towards right (9:00)
&7&8 Step on ball or right beside left, cross/step left over right, step right to right side, cross/step left over right

SIDE, REPLACE, CROSS, BACK COASTER, FORWARD, ½ PIVOT, FORWARD, FULL TURN TRIPLE

- 1&2-3&4 Rock/step right to right side, replace weight to left, cross/step right over left, step left back, step right beside left, step left forward
5&6 Step right forward, pivot turn ½ turn left (weight left), step right forward (3:00)
7&8 (Traveling forward) step left forward, turn ½ turn left stepping right back, turn ½ turn left stepping left forward (3:00)

KICK, BALL, SIDE TOUCH, ¼ COASTER, KICK, BALL, SIDE TOUCH, ¼ COASTER

- 1&2 Kick right forward, step on ball of right beside left, touch left toe to left side
3&4 Turn ¼ turn left to step left back, step right beside left, step left forward (12:00)
5&6 Kick right forward, step on ball of right beside left, touch left toe to left side
7&8 Turn ¼ turn left to step left back, step right beside left, step left forward (9:00)

SIDE, BEHIND, BALL, CROSS, REPLACE, BALL, FORWARD, FORWARD, ¼ PIVOT CROSS/STEP

- 1-2&3-4 Step right to right side, cross/step left behind right, step on ball of right to right, cross/step left over right, replace weight to right
&5-6-7-8 Step on left beside right, step right forward, step left forward, pivot turn ¼ turn right (weight right), cross/step left over right (12:00)

HEEL, BALL, CROSS, HEEL, BALL CROSS, BACK, SIDE, CROSS SHUFFLE

- 1&2 Touch right heel forward at 45 degrees right, step slightly back on right, cross/step left over right
3&4 Touch right heel forward at 45 degrees right, step slightly back on right, cross/step left over right
5-6-7&8 Step back on right slightly behind left, step left to left side, cross/step right over left, step left to left side, cross/step right over left

¼, ¼, SAILOR, KICK FORWARD, BALL, CROSS, BOUNCE ¼, BOUNCE ¼

- 1-2 Turn ¼ turn left stepping left forward, turn ¼ turn stepping right to right side (6:00)
3&4 Cross/step left behind right, step on ball or right to right side, replace weight to left
5&6 Kick right forward to right 45 degrees diagonal, step on ball of right slightly back, cross/step left over right
&7&8 Raise both heels turning ¼ turn right, drop heels, raise both heels turning ¼ turn right, drop heels (weight right) (12:00)

KICK FORWARD, OUT, OUT, KICK, OUT, OUT, CROSS SHUFFLE, ¼, ½

- 1&2 Kick left forward at right diagonal, step on left to left side, replace weight to right
3&4 Kick left forward at right diagonal, step on left to left side, replace weight to right
5&6 Cross/step left over right, step right to right side, cross/step left over right

7&8 Turn ¼ turn left stepping right back, turn ½ turn left stepping left to left side (3:00)

CROSS SHUFFLE, COASTER, ½ PIVOT, ½ STEP, ¼ HIP SWAY DRAG

1&2-3&4 Cross/step right over left, step left to left, cross/step right over left, step left back, step right beside left, step left forward

5-6 Pivot turn ½ turn right (weight right), turn ½ turn right stepping back on left

7-8 Turn ¼ turn right stepping right to right side swaying hips to right, sway hips to left dragging right towards left (6:00)

REPEAT

TAG

At end of wall 2

1&2 Right sailor step

3&4 Left sailor step

5-6 Touch right over left, unwind ½ turn left

7-8 Touch left behind right, unwind ½ turn left (weight left)

Start again on 12:00 wall

ENDING

On wall 7, do counts 1-8 as scripted but turn face to 12:00 on cross shuffle
