

Roly Poly Polka

COPPER KNOB
BY STEPHEN BRETZ

拍數: 64 牆數: 1 級數: Improver
編舞者: Charlotte Williams (USA)
音樂: Yes! - Chad Brock



TWO SHUFFLES FORWARD (RIGHT AND LEFT)

1&2 Right forward shuffle: step right forward, step ball of left next to right, step right forward
3&4 Left forward shuffle: step left forward, step ball of right next to left, step left forward
5-8 Step right forward, kick left forward, step left back, touch right back

TWO CHARLESTONS, TWO SHUFFLES FORWARD (RIGHT AND LEFT)

1-4 Step right forward, kick left forward, step left back, touch right back
5&6 Right forward shuffle: step right forward, step ball of left next to right, step right forward
7&8 Left forward shuffle: step left forward, step ball of right next to left, step left forward

STEP TURN LEFT ONE-FOURTH ($\frac{1}{4}$), RIGHT SHUFFLE; STEP TURN RIGHT ONE-HALF ($\frac{1}{2}$), LEFT SHUFFLE

1-4 Step right forward, pivot one-fourth ($\frac{1}{4}$) left; right shuffle forward: step right forward, step ball of left next to right, step right forward
5-8 Step left forward, pivot one-half ($\frac{1}{2}$) right; left shuffle forward: step left forward, step ball of right next to left, step left forward

STEP TURN LEFT ONE-FOURTH ($\frac{1}{4}$), RIGHT SHUFFLE; STEP TURN RIGHT ONE-HALF ($\frac{1}{2}$), LEFT SHUFFLE

1-4 Step right forward, pivot one-fourth ($\frac{1}{4}$) left; right shuffle forward: step right forward, step ball of left next to right, step right forward
5-8 Step left forward, pivot one-half ($\frac{1}{2}$) right; left shuffle forward: step left forward, step ball of right next to left, step left forward

RIGHT MODIFIED VINE (WITH SHUFFLE); TOE TOUCHES

1-4 Step right to right, step left behind right; right side shuffle: step right to right, step ball of left next to right, step right to right
5-8 Touch left toe to left; touch next to right, touch left toe to left, touch next to right

LEFT MODIFIED VINE (WITH TRIPLE TURNING LEFT ONE-FOURTH); TOE TOUCHES

1-4 Step left to left, step right behind left; left triple with turn: step left to left, turning left one-fourth ($\frac{1}{4}$), step ball of right next to left, step left next to right
5-8 Touch right toe to right; touch next to left, touch right toe to right, touch next to left

RIGHT VINE (WITH ONE-HALF RIGHT TURN AND HITCH); LEFT VINE (WITH ONE-FOURTH LEFT TURN AND HITCH)

1-4 Step right to right, step left behind right, step right to right, turn right one-half on ball of right, hitching left
5-8 Step left to left, step right behind left, step left to left, turn left one-fourth on ball of left, hitching right

TURN LEFT ONE-HALF, WITH LEFT TRIPLE; STEP BACK RIGHT, LEFT; LEFT COASTER; RIGHT KICK CROSS KICK

1-4 Step right, left, right (triple in place), turning left one-half; two steps back: left, right
5-8 Left coaster: step back on left, step ball of right next to left, step left forward; kick right forward, cross in front of left, kick right forward

REPEAT

