

# Rolling With The Flow (P)

COPPERKNOB  
BY STEPSHEETS

拍數: 52      牆數: 0      級數: Partner  
編舞者: Roy East (UK)  
音樂: Rollin' With the Flow - Charlie Rich



Position: Side By Side

## LEFT HOOK, RIGHT HOOK

- 1-4      Left heel touch forward, left heel cross in front of left ankle, left heel touch forward, left back in place
- 5-8      Right heel touch forward, right heel cross in front of left ankle, right heel touch forward, right touch beside left

## RIGHT VINE AT 45 DEGREES, LEFT VINE AT 45 DEGREES

- 9-12      **MAN:** Right step right, left step to side, right step to right, left touch beside right  
**LADY:** Three step turn to the right at 45 degrees, right, left, right and touch left beside right
- 13-16      **MAN:** Left step to left, right step behind left, left step to left, right step beside left  
**LADY:** Three step turn to the left at 45 degrees, left, right, left, right. Keep weight on right

## TWO SHUFFLES

- 17&18      Left shuffle
- 19&20      Right shuffle

## WINDMILL TURN FULL TURN

**Man & lady's steps are now the same**

- 21-24      Lift right hands step with left a quarter turn to the left. Follow through with a quarter turn left on right

**Now facing RLOD drop right hands pick up left make quarter turn left on left. Follow through with another quarter turn left on right. You are now facing LOD & resume Side By Side Position**

## FORWARD SIDE, FORWARD TOGETHER

- 25-28      Left heel touch forward, left toe touch to the side left heel touch forward, left step beside right
- 29-32      Right heel touch forward, right toe touch to the side, right heel touch forward, right step beside left

## ROLLING TURNS

- 33-36      **MAN:** Step behind lady on right making quarter turn right, step with left making another quarter turn to face RLOD mark time on spot with a right, left  
**LADY:** Cross right leg over left and walk round man in 4 steps right, left, right, left. Drop right hands on 3rd step and resume side by side position on 4th step

## TWO SHUFFLES

- 37-40      Right shuffle, left shuffle

## ROLLING TURN

- 41-44      Repeat step pattern 33-36

## TWO SHUFFLES

- 45-48      Right shuffle, left shuffle

## STEP SLIDE, STEP SCUFF

- 49-52      Step forward on right, slide left up behind right (dipping the body at the same time) step forward on right foot, scuff left past right foot ready to

REPEAT

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