

Rolling With The Flow (P)

COPPER KNOB
BY STEPSHEETS

拍數: 52 牆數: 0 級數: Partner
編舞者: Roy East (UK)
音樂: Rollin' With the Flow - Charlie Rich



Position: Side By Side

LEFT HOOK, RIGHT HOOK

- 1-4 Left heel touch forward, left heel cross in front of left ankle, left heel touch forward, left back in place
- 5-8 Right heel touch forward, right heel cross in front of left ankle, right heel touch forward, right touch beside left

RIGHT VINE AT 45 DEGREES, LEFT VINE AT 45 DEGREES

- 9-12 **MAN:** Right step right, left step to side, right step to right, left touch beside right
 LADY: Three step turn to the right at 45 degrees, right, left, right and touch left beside right
- 13-16 **MAN:** Left step to left, right step behind left, left step to left, right step beside left
 LADY: Three step turn to the left at 45 degrees, left, right, left, right. Keep weight on right

TWO SHUFFLES

- 17&18 Left shuffle
- 19&20 Right shuffle

WINDMILL TURN FULL TURN

Man & lady's steps are now the same

- 21-24 Lift right hands step with left a quarter turn to the left. Follow through with a quarter turn left on right

Now facing RLOD drop right hands pick up left make quarter turn left on left. Follow through with another quarter turn left on right. You are now facing LOD & resume Side By Side Position

FORWARD SIDE, FORWARD TOGETHER

- 25-28 Left heel touch forward, left toe touch to the side left heel touch forward, left step beside right
- 29-32 Right heel touch forward, right toe touch to the side, right heel touch forward, right step beside left

ROLLING TURNS

- 33-36 **MAN:** Step behind lady on right making quarter turn right, step with left making another quarter turn to face RLOD mark time on spot with a right, left
 LADY: Cross right leg over left and walk round man in 4 steps right, left, right, left. Drop right hands on 3rd step and resume side by side position on 4th step

TWO SHUFFLES

- 37-40 Right shuffle, left shuffle

ROLLING TURN

- 41-44 Repeat step pattern 33-36

TWO SHUFFLES

- 45-48 Right shuffle, left shuffle

STEP SLIDE, STEP SCUFF

- 49-52 Step forward on right, slide left up behind right (dipping the body at the same time) step forward on right foot, scuff left past right foot ready to

REPEAT
