

Rolling The Dice

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Gerda Klein (NL)
音樂: Everytime I Roll the Dice - Delbert McClinton



Sequence: AAAB AAB AAB AAAA

PART A

TOUCH, STEP, POINT, STEP (TWICE), PRISSY WALKS, HOLD (TWICE)

- 1 Left foot touch forward (bent knee)
- & Left foot step in place
- 2 Right foot point behind
- & Right foot step to center
- 3 Left foot touch forward (bent knee)
- & Left foot step in place
- 4 Right foot point behind

- 5 Right foot step forward in front of left foot
- 6 Hold
- 7 Left foot step forward in front of right foot
- 8 Hold

PIVOT ½ TURN LEFT, FULL TRIPLE TURN, WALK, WALK, ½ TURN COASTER STEP LEFT

- 9 Right foot step forward
- 10 ½ turn left
- 11 ¼ turn left, right foot side step right
- & ½ turn left, left foot side step left
- 12 ¼ turn left, right foot step forward

- 13 Left foot step forward
- 14 Right foot step forward
- 15 Left foot step forward
- & ½ turn left, right foot step together
- 16 Left foot step forward

POINT, HIP BUMPS HIGH & LOW RIGHT, CROSS, POINT (TWICE)

- 17 Right foot point side right, hip bump right high
- 18 Hip bump right low
- 19 Hip bump right high
- 20 Hip bump right low

- 21 Right foot cross in front of left foot
- 22 Left foot point side left
- 23 Left foot cross in front of right foot
- 24 Right foot point side right

SWEEP, JAZZ BOX, WEAVE

- & Right foot sweep forward
- 25 Right foot cross in front of left foot
- 26 Left foot step behind
- 27 Right foot side step right

- 28 Left foot cross in front of right foot
- 29 Right foot side step right
- & Left foot cross behind right foot
- 30 Right foot side step right
- & Left foot cross in front of right foot
- 31 Right foot side step right
- & Left foot cross behind right foot
- 32 Right foot side step right

PART B

POINT & HIP BUMP LEFT & RIGHT, STEP FORWARD LEFT, LOCK BEHIND RIGHT, STEP BACK LOCKING OVER RIGHT, STEP BACK RIGHT, SWEEP LEFT ¼ TURN LEFT

- 1 Left foot point forward, hip bump forward
- 2 Left foot step forward
- 3 Right foot point forward, hip bump forward
- 4 Right foot step forward
- 5 Left foot step forward
- 6 Right foot lock behind
- & Left foot cross behind right foot
- 7 Right foot step back
- & Left foot sweep
- 8 ¼ turn left, left foot side step left

CROSSING TOE HEEL STRUT, TOE HEEL STRUT, CROSS SHUFFLE, SIDE STEP, HIP BUMP

- 9 Right foot touch toes in front of left foot
- 10 Right foot heel down
- 11 Left foot touch toes side left
- 12 Left foot heel down
- 13 Right foot cross in front of left foot
- & Left foot small step to the left side
- 14 Right foot cross in front of left foot
- 15 Left foot side step left
- 16 Hip bump left

SWEEP, SAILOR STEP, SYNCOPATED SAILOR STEP, SIDE IN PLACE

- & Right foot sweep
- 17 Right foot cross behind left foot
- & Left foot side step left
- 18 Right foot step in place
- & Left foot cross behind left foot
- 19 Right foot side step right
- & Left foot step in place
- 20 Right foot step in place

CROSSING TOE HEEL STRUT, TOE HEEL STRUT, CROSS SHUFFLE, SIDE STEP, HIP BUMP

- 21 Left foot touch toes in front of right foot
- 22 Left foot heel down
- 23 Right foot touch toes to the right side
- 24 Right foot heel down
- 25 Left foot cross in front of right foot
- & Right foot small side step right

- 26 Left foot cross in front of right foot
- 27 Right foot side step right
- 28 Hip bump right

1/8 TURN RIGHT & SLIDE LEFT NEXT TO RIGHT, 3/8 TURN LEFT, SHUFFLE FORWARD LEFT, LOCK STEP, SYNCOPATED LOCK STEP

- 29 1/8 turn right, left foot slide beside right foot
 - 30 3/8 turn right with feet together
 - 31 Left foot step forward
 - & Right foot step beside left foot
 - 32 Left foot step forward

 - 33 Right foot step forward
 - & Left foot lock behind right foot
 - 34 Right foot step forward
 - & Left foot step forward
 - 35 Right foot lock behind left foot
 - & Left foot step forward
 - 36 Right foot step forward
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