

Rolling North

拍數: 48 牆數: 2 級數: Beginner
編舞者: Pepper Siquieros (USA)
音樂: Modern Day Bonnie and Clyde - Travis Tritt



CROSS ROCK AND TOGETHER, CROSS ROCK AND ROLLING VINE LEFT

- 1&2 Cross rock left foot forward over right, replace weight right, step left together next to right
3&4 Cross rock right foot forward over left, replace weight left, step right together next to left
5&6 Cross rock left foot forward over right, replace weight right, step left to left side into a ¼ turn left starting a full turn rolling left vine
7-8 Step right into a ¼ left turn, step left into ½ left turn completing rolling left vine. (facing 12:00)

Rolling vine can be replaced with regular left vine

CROSS ROCK AND TOGETHER, CROSS ROCK AND ROLLING VINE RIGHT

- 1&2 Cross rock right foot forward over left, replace weight left, step right together next to left
3&4 Cross rock left foot forward over right, replace weight right, step left together next to right
5&6 Cross rock right foot forward over left, replace weight left, step right to right side into a ¼ turn right starting a full turn rolling right vine
7-8 Step left into a ¼ right turn, step right into ½ right turn completing rolling right vine. (facing 12:00)

Rolling vine can be replaced with regular right vine

ROCK FORWARD AND TOGETHER, RIGHT COASTER, STEP LEFT, PIVOT ½, KICK BALL TOUCH

- 1&2 Rock forward onto left, replace weight right, step left together next to right
3&4 Step back on right, step together with left, step forward right
5-6 Step forward on left, pivot ½ to right (weight on right)
7&8 Kick left forward, step down on ball of left next to right, touch right next to left (facing 6:00)

"V" STEP, RIGHT COASTER STEP, "V" STEP, LEFT COASTER STEP

- 1-2 Step right forward and slightly out to right side
Right hip pushes out and forward as you step-put right hand on hip like you are reaching for your gun. Step left forward and slightly out to left side. Left hip pushes out and forward as you step. Put left hand on hip like you are reaching forward for your gun
3&4 Step right in and back, step left together next to right, step right forward
5-6 Repeat counts 1-2 starting with left foot
7&8 Step left in and back, step right together next to left, step left forward

ROCK FORWARD AND TOGETHER, LEFT COASTER, STEP RIGHT, PIVOT ½, KICK BALL TOUCH

- 1&2 Rock forward onto right, replace weight left, step right together next to left
3&4 Step back on left, step together with right, step forward left
5-6 Step forward on right, pivot ½ to left (weight on left)
7&8 Kick right forward, step down on ball of right next to left, touch left next to right (facing 12:00)

LEFT SIDE SHUFFLE MAKING ½ TURN, RIGHT SIDE SHUFFLE, SAILOR STEPS

- 1&2 Shuffle to left side: left, right, left making a ½ turn to the left. (facing 6:00)
3&4 Shuffle to right side: right, left, right
5&6 Cross left behind right, step right to right side, step left to left side
7&8 Cross right behind left, step left to left side, step right to right side

REPEAT