

# Rollercoaster

**COPPER KNOB**  
STEPPED

拍數: 32      牆數: 4      級數: Improver  
編舞者: Judith Godleman-Watson (UK)  
音樂: Life Is a Rollercoaster - Ronan Keating



## **TOUCH HOOK, SHUFFLE, TOUCH KICK, SHUFFLE**

1-2      Touch right toe forward, hook right across left leg  
3&4      Shuffle forward right, left, right  
5-6      Touch left toe behind right, kick left leg out to left side  
7&8      Shuffle forward left, right, left

## **½ PIVOT, SHUFFLE FORWARD, SWEEP, ROCK BEHIND**

9-10      Step forward right, step on left turning ½ turn to left  
11&12      Shuffle forward right, left right  
13-14      Sweep left foot around from left to right, turning ½ turn to right  
15&16      Rock behind with right, step left in place, tap right beside left

## **SYNCOPATED SHUFFLE, HOLD, ROCK BEHIND, BODY ROLL**

17&18      Step right to right side, step left to right, step right to right side  
&19-20      Step left to right, step right to right side, hold  
21&22      Rock behind with left, step right in place, step left to left side  
23-24      With feet apart full body roll to the left

## **KICK & TOUCH TWICE (TRAVELING), SCUFF, CROSS, BEHIND ¼ TURN RIGHT**

25&26      Kick left to left side, step left to left side, touch right next to left  
27&28      Repeat as above  
29-30      Scuff right, cross right over left  
31&32      Step back on left, step right ¼ turn to right, touch left to right

## **REPEAT**

## **TAG**

After 9th wall

### **4 X MAMBO ROCK STEPS:**

1&2      Rock right to right side, left in place, step right next to left  
3&4      Rock left to left side, right in place, step left next to right  
5&6-7&8      Repeat as above