

# Rollercoaster

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Hazel Wood  
音樂: Life Is a Rollercoaster - Ronan Keating



## **CROSS ROCK, SIDE SHUFFLE RIGHT, CROSS ROCK, SIDE SHUFFLE LEFT WITH ¼ TURN LEFT**

1-2      Rock right forward & across left, replace weight to left  
3&4      Step right to right, close left to right, step right to right  
5-6      Rock left forward & across right, replace weight to right  
7&8      Step left to left, close right to left, step left turning ¼ turn left

## **PIVOT ½ TURN LEFT, SHUFFLE FORWARD, ROCK FORWARD, REPLACE, COASTER STEP**

1-2      Step forward with right, pivot ½ turn left (end with weight on left)  
3&4      Step right forward, close left to right, step right forward  
5-6      Rock forward on left, replace weight to right  
7&8      Step back on left, close right to left, step forward on left

## **PIVOT ½ TURN TO LEFT TWICE, SIDE, BEHIND, BALL-CROSS, SIDE**

1-2      Step forward on right, pivot ½ turn left (end with weight on left)  
3-4      Step forward on right, pivot ½ turn left (end with weight on left)  
5-6      Step to side on right foot, cross left behind right foot  
&7      Step to side on ball of right foot, cross left in front of right  
8      Step to side on right foot

## **ROCK BACK, REPLACE, STEP LEFT, TAP, MONTEREY TURN**

1-2      Rock back on left foot, replace weight to right  
3-4      Step left to left, tap right foot to left (weight on left)  
5-6      Point right foot to right side, pivot ½ turn right on ball of left close right foot to left  
7-8      Point left foot to left side, close left to right (weight on left)

## **ROCK RIGHT, REPLACE, CROSSING SHUFFLE, ROCK LEFT, REPLACE, CROSSING SHUFFLE**

1-2      Rock right out to right side, replace weight to left (angle body slightly left)  
3&4      Step right forward & across left, close left to right, step right forward & across left  
5-6      Rock left out to left side, replace weight to right (angle body slightly right)  
7&8      Step left forward & across right, close right to left, step left forward & across right

## **ROCK RIGHT, REPLACE TURNING ¼ TURN LEFT, SHUFFLE FORWARD, FULL TURN RIGHT SHUFFLE FORWARD**

1-2      Rock right out to right side, replace weight to left turning ¼ turn left  
3&4      Step right forward, close left to right, step right forward  
5      Pivot ½ turn right on ball of right foot and step back onto left foot  
6      Pivot ½ turn right on ball of left foot and step forward onto right foot  
(Full turn can be replaced with 2 walks forward)  
7&8      Step left forward, close right to left, step left forward

## **PIVOT ½ TURN LEFT, SHUFFLE FORWARD, ROCK FORWARD, REPLACE, COASTER**

1-2      Step forward on right foot, pivot ½ turn to left (weight ends on left)  
3&4      Step right forward, close left to right, step right forward  
5-6      Rock forward on left, replace weight onto right  
7&8      Step back on left, close right to left, step forward on left

## **PIVOT ½ TURN LEFT, SHUFFLE FORWARD, ROCK FORWARD, REPLACE, COASTER**

1-2 Step forward on right foot, pivot  $\frac{1}{2}$  turn to left (weight ends on left)  
3&4 Step right forward, close left to right, step right forward  
5-6 Rock forward on left, replace weight onto right  
7&8 Step back on left, close right to left, step forward on left

**REPEAT**

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