

Roll With It

拍數: 32 牆數: 4 級數:
編舞者: Peter Metelnick (UK)
音樂: Cherry Bomb - John Cougar Mellencamp



RIGHT & LEFT STEP TOUCHES, $\frac{3}{4}$ RIGHT TURN (ROLL WITH IT!), RIGHT COASTER STEP

- 1-2 Step right foot to right side, touch left foot together & clap
- 3-4 Step left foot to left side, touch right foot together & clap
- 5-6 Step right foot to right side turning $\frac{1}{4}$ right, step left foot forward turning $\frac{1}{2}$ right (completing $\frac{3}{4}$ turn to the right)
- 7&8 Step right foot back, step left foot together, step right foot forward

LEFT & RIGHT STEP TOUCHES, $\frac{3}{4}$ LEFT TURN (ROLL WITH IT!), LEFT COASTER STEP

- 1-2 Step left foot to left side, touch right foot together & clap
- 3-4 Step right foot to right side, touch left foot together & clap
- 5-6 Step left foot to left side turning $\frac{1}{4}$ left, step right foot forward turning $\frac{1}{2}$ left (completing $\frac{3}{4}$ turn to the left)
- 7&8 Step left foot back, step right foot together, step left foot forward

RIGHT & LEFT FORWARD, SHAKE IT!, RIGHT & LEFT FORWARD, SHAKE IT!

- 1-2 Step right foot forward, step left foot together
- 3&4 Bump hips left, right, left
- 5-6 Step right foot forward, step left foot together
- 7&8 Bump hips left, right, left

RIGHT FORWARD KICK-TOGETHER-SIDE STEP, RIGHT FOOT SWIVEL TOGETHER, HEELS SWIVELS LEFT-RIGHT-LEFT-RIGHT WITH $\frac{1}{4}$ LEFT TURN

- 1&2 Kick right foot forward, step right foot together, step left foot to left side (shoulder width apart)
- 3-4 Swivel right heel left, swivel right toes left
- 5-6 Swivel both heels left, swivel both heels right
- 7-8 Swivel both heels left, swivel both heels right turning $\frac{1}{4}$ left (shift weight to left foot)

REPEAT
