

Roll Back And Dance

拍數: 32 牆數: 2 級數: Beginner line/contra dance
編舞者: Alan Haywood (UK)
音樂: Roll Back The Rug - Scooter Lee



SIDE POINT, SIDE POINT, STEP LOCK, STEP SCUFF

1-2 Step right to right side, point left to left side
3-4 Step onto left, point right to right side

When used to music, when doing the points, lean opposite direction for attitude/styling

5-6 Step right forward, lock left behind right
7-8 Step right forward, scuff left forward

STEP LOCK, STEP SCUFF, FORWARD, ½ TURN LEFT, STOMP, STOMP

1-2 Step left forward, lock right behind left
3-4 Step left forward, scuff right forward
5-6 Step right forward, pivot ½ turn left
7-8 Stomp right, stomp left

SIDE TOUCH, SIDE TOUCH, FORWARD TOUCH, BACK TOUCH

1-2 Step right to right side, touch left next to right
3-4 Step left to left side, touch right next to left
5-6 Step right forward, touch left next to right
7-8 Step left back, touch right next to left (when stepping right forward, and left back, lean forward and back for attitude/styling)

GRAPEVINE RIGHT TOUCH, GRAPEVINE LEFT TOUCH

1-2 Step right to right side, step left behind right
3-4 Step right to right side, touch left next to right
5-6 Step left to left side, step right behind left
7-8 Step left to left side, touch right next to left

REPEAT

When done as a contra dance, start slightly diagonally to each other (facing a "window" in the opposite line.
When doing section 3, (side touches and forward touches) you can slap hands with the person in front, i.e. Left to left hand when stepping to the right and then right to right hand when stepping to the left and then both hands when stepping forward