Rodeo Rider

級數: Improver

編舞者: Tony Colbert (IRE)

音樂: Ride 'Em High, Ride 'Em Low - Brooks & Dunn

RIGHT HEEL, TOGETHER, HEEL SPLITS

- 1-2 Place right heel out in front diagonally to right, step right beside left foot
- 3-4 Twist on balls of feet to turn heels out and toes in, twist them back to the center

RIGHT VINE WITH 1/2 TURN RIGHT WITH HITCH

5-8 Step right to right side, step left behind right foot, step right to right side, pivot on right foot to make 1/2 turn right hitching left foot up behind

THREE WALKS BACK WITH ¼ TURN RIGHT

9-12 Step left back, step back right, step back left, take ¹/₄ turn right while stepping on right to side

STEP LEFT, HOLD, HEELS SWIVEL, HOLD

13-16 Step left to left side, hold for 1 count, swivel on balls of feet to bring heels pointing towards one another, hold for 1 count

3 HEEL SWITCHES, HOLD

- 17&18 Place right heel diagonally to right in front, step right beside left foot, place left heel diagonally to left in front
- &19-20 Step left beside right foot, place right heel diagonally to right in front, hold for 1 count

2 CAMEL WALKS (WITH LASSO MOTION WITH RIGHT ARM OVERHEAD)

21-24 Step right diagonally to right in front, drag left in to meet right foot, (with lasso motion with right arm overhead) step right diagonally to right in front, drag left in to meet right foot, (with lasso motion with right arm overhead)

KICK, CROSS, TURN, CLAP

25-28 Kick right to right side, cross right over left foot touching ball of right foot on floor beside left foot, pivot ½ turn left, clap

HEEL SPLITS, HEEL HITCH

29-32 Twist on balls of feet to turn heels out and toes in, twist them back to the center, place right heel diagonally to right in front, hitch right foot up across under left knee

REPEAT





拍數: 32

牆數:4