

Rocky Top Rock

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 1 級數: Improver contra dance
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: Rocky Top Rock - Trick Pony



RIGHT TOUCHES IN-OUT, LEFT TOUCHES IN-OUT

1-2 Touch right toe to side, step together
3-4 Touch left toe to side, step together
5-6 Touch right toe to side, step together
7-8 Touch left toe to side, step together

RIGHT HEEL HOOK, LEFT HEEL HOOK

1-2-3-4 Touch right heel in front, hook right over left, touch right heel forward, right next to left
1-2-3-4 Touch left heel in front, hook left over right, touch left heel forward, left next to right

RIGHT SHUFFLE, LEFT SHUFFLE, ½ TURN LEFT, REPEAT

1&2&3&4 Shuffle right left right shuffle left right left
5-6 Step forward right pivot ½ turn left
7-12 Repeat 1-6

RIGHT GRAPEVINE, LEFT GRAPEVINE

1-2-3-4 Step right foot to right, step left behind right, step right, step left together
1-2-3-4 Step left foot to left, step right behind left, step left, step right together

KICK 2X RIGHT, COASTER STEP, KICK LEFT 2X, COASTER STEP

1-2&3&4 Kick right forward twice, step right back, step left beside right, step right forward
1-2&3&4 Kick left forward twice, step left back, step right beside left, step left forward

RIGHT SHUFFLE, LEFT SHUFFLE, ½ TURN LEFT, REPEAT

1&2&3&4 Shuffle right left right, shuffle left right left
5-6 Step forward right, pivot ½ turn left
7-12 Repeat 1-6

REPEAT
