Rockslide



拍數: 32 牆數: 4 級數: Improver

編舞者: Knox Rhine (USA)

音樂: If She Don't Love You - The Buffalo Club



FORWARD, ROCK BACK, SIDE-TOGETHER-SIDE

Step forward with left foot,
 Rock back onto right foot
 Step to left side with left foot
 Slide right foot next to left foot
 Step to left side with left foot

BACK, ROCK FORWARD, SIDE-TOGETHER-SIDE

5 Step backward with right foot, 6 Rock forward onto left foot 7 Step to right side with right foot & Slide left foot next to right foot 8 Step to right side with right foot

DOUBLE RIGHT PIVOT TURN

9 Touch left toe forward

10 Pivot ½ turn right on ball of right foot

11 Touch left toe forward

12 Pivot ½ turn right on ball of right foot

UP-UP, HOLD, IN-IN, CLAP

& Step forward with left foot

13 Step shoulder width apart with right foot. Hold both arms up in a "v" shape

14 Hold position

Step to center with left foot
Step together with right foot
Clap hands at chest level

SLIDE TURN LEFT

17 Step to left side with left foot
18 Touch right toe next to left foot
& Pivot ½ turn right on ball off left foot
19 Step to right side with right foot
20 Touch left toe next to right foot

KICK-BALL-CHANGE

21 Kick left foot forward

& Step in place with ball of left footStep in place with right foot

SLIDE TURN LEFT

23	Step to left side with left foot
24	Touch right toe next to left foot
&	Pivot ½ turn right on ball off left foot
25	Step to right side with right foot
26	Touch left toe next to right foot

KICK-BALL-CHANGE

27 Kick left foot forward

& Step in place with ball of left footStep in place with right foot

FORWARD, APART, TWIST, TURN-CLOSE/CLAP

29 Step forward with left foot, raise left hand to ear level, palm forward

30 Step should width apart with right foot, raise right hand to ear level, palm forward

Twist upper body ¼ turn left & Step ¼ turn left with left foot

32 Step together with right foot next to left foot/ clap hands at chest level

REPEAT