

Rockscoot

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數:
編舞者: Cindy Truelove (AUS)
音樂: Treaty - Yothu Yindi



FUNKY SWIVELS, SYNCOPATED SIDE- WALK (RIGHT SIDE)

- 1 Look right-step right to side while swiveling both toes to right
- 2 Look left-step left to side while swiveling both toes to left
- 3 Look right-lift right and swivel both toes to right stepping back down on right
- 4 Look left-lift left & swivel both toes to left stepping again on left
- 5-6 Look right-lift right & swivel both toes to right stepping again on right, hold
- &7-8 Toes still angled to right-left step up to right, right step forward, hold

FUNKY SWIVELS, SYNCOPATED SIDE-WALK (RIGHT SIDE)

- 9 Look left-step left to side while swiveling both toes to left
- 10 Look right-step right to side while swiveling both toes to right
- 11 Look left-lift left and swivel both toes to left stepping back down on left
- 12 Look right-lift right & swivel both toes to right stepping again on right
- 13-14 Look left-lift left & swivel both toes to left stepping again on left, hold
- &15-16 Toes still angled to left-right step up to left, left step forward, hold

SHIMMIES FORWARD WITH ARMS IN FRONT -PALMS TURNED UP, BENT AT ELBOWS

- 17-18 Right step forward with shoulder shimmies (2 beats)
- 19-20 Left step forward with shoulder shimmies (2 beats)
- 21-22 Extend right hand forward turning palm down and step right forward
- 23-24 Extend left hand forward turning palm down and step left forward

WALK BACK RIGHT-LEFT-RIGHT, ROCK STEP, STEP FORWARD, TOUCH STEPS

- 25-27 Walk back right-left-right
- &28 Rock back on left, rock forward on right
- 29-30 Step left forward, touch right beside left
- 31-32 Step right back, touch left beside right

STOMP, SWEEP & TURN ¼ RIGHT WITH HAND TO FACE

- 33 Stomp left slightly forward
- 34 Raise back of open hand to face upper arm parallel to floor & point left toe forward
- 35-36 Sweep right toes across floor to turn 1/ 4 right, lower arm step down on right
- 37-40 Repeat steps 33-36, to face opposite wall from beginning

LEFT KICK, COASTER STEP, TURN 1/ 4 LEFT, CLAP

- 41-42 Left kick forward twice
- &43-44 Quickly step back on left, right step beside left, left step forward
- 45-46 Right step forward, pivot ¼ turn left on balls of feet (end weight left)
- 47&48 Slide right beside left, clap twice (end weight on left)

REPEAT

"Treaty" ends on step 39. Face front & pose with hand to face.