

Rockit

拍數: 32 牆數: 2 級數: Beginner
編舞者: Leslie Moore (USA)
音樂: I Can Love You Better - The Chicks



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- 1-2 Rock forward on right foot, recover back on left
3-4 Rock back on right foot, recover forward on left
5-6 Rock to right side on right foot, recover in place on left
7-8 Stomp right foot twice
- 1-4 Right grapevine (step right to right side, step left behind right, step right to right side, scuff left heel)
5-8 Left grapevine turning $\frac{1}{4}$ to left on third beat, scuff on fourth beat (step left to left side, step right behind left, step left to left side to turn $\frac{1}{4}$ to left, scuff right heel)
- 1-2 Step forward on right foot, slide left to meet
3-4 Step forward on right foot, hitch (lift) left knee
5-6 Step forward on left foot, slide right to meet
7-8 Step forward on left foot, hitch (lift) right knee
- 1-4 Walk backward right, left, right, touch left next to right
5-8 Left grapevine turning $\frac{1}{4}$ to left on third beat, scuff on fourth beat (step left to left side, step right behind left, step left to left side to turn $\frac{1}{4}$ to left, scuff right heel)

REPEAT
