

# Rockin' This Christmas

COPPER KNOB  
BY STEPHEN

拍數: 36      牆數: 4      級數: Intermediate  
編舞者: Barry W. Muniz (USA)  
音樂: Rockin' This Christmas - The Tractors



## HEEL AND TOE TOUCHES

- 1-2      Touch right heel forward twice
- 3-4      Touch right toe back twice
- 5-6      Touch right heel forward; touch right toe back
- 7-8      Touch right toe to the right; touch right toe beside left instep.

## SUGARFOOT STEPS WITH FOOT SWIVELS, HIP BUMP

- 9      Turning right foot outward, touch right heel beside left foot while swiveling left toe to the right
- 10      Turning right foot inward, touch right toe beside left foot while swiveling left heel to the right
- 11      Turning right foot outward, touch right toe beside left foot while swiveling left toe to the right
- 12      Turning right foot inward, touch right foot beside left foot while swiveling left heel to the right
- &13      Bump hips to the left; bump hips to the right
- &14      Bump hips to the left; bump hips to the right
- &15      Bump hips to the left; bump hips to the right
- &16      Bump hips to the left; bump hips to the right.

## KNEE ROLLS WITH TURN, KICK, TOUCHES

Make a slow  $\frac{1}{4}$  turn left with the knee rolls

- 17&      Roll right knee in front of left; roll left knee in front of right
- 18&      Roll right knee in front of left; roll left knee in front of right
- 19&      Roll right knee in front of left; roll left knee in front of right
- 20      Roll right knee in front of left
- 21-22      Kick left foot forward twice
- 23-24      Touch left foot to the left; touch left foot behind right.

## TOE-HEEL STRUTS FORWARD

- 25-26      Step left toe forward; lower left heel to floor
- 26-28      Step right toe forward; lower right heel to floor
- 29-30      Step left toe forward; lower left heel to floor:
- 31-32      Step right toe forward; lower right heel to floor.

## SCUFFS, SCOOT BACK SUGARFOOT

- 33      Scuff left foot forward
- 34&      Scuff left foot up and back; scoot backward on right foot
- 35-36      Turning right foot inward, touch right toe beside left instep; turning right foot outward, touch right heel beside left instep.

REPEAT

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