

Rockin' The Mona

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Anne Bradbury (AUS)
音樂: Mona Lisa - Conway Twitty



VINE RIGHT TOUCH, SWAY LEFT HOLD, SWAY RIGHT HOLD

1-2-3-4 Vine right (right, left, right), touch left beside right
5-6 Sway hips left, hold
7-8 Sway hips right, hold

VINE LEFT HALF TURN HITCH, STEP BACK TOGETHER, STEP BACK HOOK

9-10 Step left to left, step right behind left
11-12 Making $\frac{1}{4}$ left step forward on left, hop on left (on the spot) turn $\frac{1}{4}$ and hitch right
13-14 Step back on right, step left beside right
15-16 Step back on right, hook left across right

STEP LOCK, STEP SCUFF, STEP SCUFF, STEP HOLD

17-18 Step forward on left, lock right behind left
19-20 Step forward on left, scuff right forward
21-22 Step forward on right, scuff left forward
23-24 Step forward on left, hold

TOE HEEL, STEP ACROSS HOLD, TOE HEEL, STEP ACROSS HOLD

25 Touch right toe beside left toe turning right heel out
26 Touch right heel beside left toe turning right toe out
27-28 Step right across left, hold
29 Touch left toe beside right toe turning left heel out
30 Touch left heel beside right toe turning left toe out
31-32 Step left across right, hold

REPEAT
