

Rockin' The Joint

COPPERKNOB
BY STEPHEN BERTS

拍數: 48 牆數: 2 級數:
編舞者: Peter Metelnick (UK)
音樂: She Wants to Rock - The Warren Brothers



RIGHT & LEFT HEEL STEPS, RIGHT FORWARD & BACK ROCK STEPS/OR KNEE POPS

- 1-4 Touch right heel forward, step right foot together, touch left heel forward, step left foot together
- 5-8 Rock step right foot forward, recover weight on left foot, rock step right foot back, recover weight on right foot

Optional: to hit the breaks in the song "She Wants To Rock", on the choruses (these will start with the lyrics "she wants to rock...") do the following:

- 5-6 Pop right knee in, hold
- 7-8& Pop left knee in, hold, switch weight back to left foot on (&)

VINE RIGHT 3, LEFT TOGETHER, TWIST LEFT 4

- 1-2 Step right foot to right side, cross step left foot behind right
- 3-4 Step right foot to right side, step left foot together (weight ends on both feet)
- 5-8 Twist both heels left, twist toes left, twist both heels left, twist toes to center (weight ends on left foot)

½ RIGHT MONTEREY TURN, ¼ RIGHT MONTEREY TURN

- 1-2 Touch right toes to right side, turn ½ right on left foot while stepping right foot together
- 3-4 Touch left toes to left side, step left foot together
- 5-6 Touch right toes to right side, turn ¼ right on left foot while stepping right foot together
- 7-8 Touch left toes to left side, touch left foot together (weight remains on right foot)

VINE LEFT, VINE RIGHT 2, ¼ RIGHT, SCUFF LEFT FORWARD TURNING ¼ RIGHT

- 1-2 Step left foot to left side, cross step right foot behind left
- 3-4 Step left foot to left side, touch right foot together
- 5-6 Step right foot to right side, cross step left foot behind right
- 7-8 Turning ¼ right step right foot forward, scuff left foot forward & continue turning another ¼ right on ball of right foot

¼ RIGHT & RIGHT LEFT TOE STEP BACK, RIGHT & LEFT TOE STEPS BACK, ROCK RIGHT BACK & RECOVER

- 1-2 Complete ¾ turn right by turning ¼ right while touching left toes back, press left heel down
- 3-6 Touch right toes back, press right heel down, touch left toes back, press left heel back
- 7-8 Rock step right foot back, recover weight on left foot

HOLD IT!, ROLL IT RIGHT

- 1-4 Stomp right foot to right side keeping weight on left foot, hold for 3
- 5-8 Spin full turn right in 3 counts leading with right foot, step left foot together on count 8 (weight ends on left foot)

Optional: In the song "She Wants To Rock", the break (1-4) happens most of the time during the vocals. During the instrumental sections and the final time the Warren Brothers sing the song, there are no breaks in 1-4. If you wish to omit the breaks at these times substitute 2 rock steps, right forward & back for counts 1-4

REPEAT

This is one of those great songs that has a tag in it just to keep us on our toes. It happens very early, after the first wall in fact. You will be facing the back wall for the first time and need to add the following steps (and then forget 'em!!)

ROCKIN' TAG

- 1-4 Cross touch right toes over left, step right heel down, touch left toes to left side, step left heel down
- 5-8 Cross rock step right foot over left, recover weight on left foot, step right foot to right side, scuff left foot forward
- 1-4 Cross touch left toes to left, step left heel down, touch right toes to right side, step right heel down
- 5-8 Cross rock step left foot over right, recover weight on right foot, step left foot to left side, touch right foot together
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