

Rockin' The Cart

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jan Wyllie (AUS)
音樂: You Were There - Carter & Carter



1-2- Kick right forward then to right side
& Step right beside left
3-4 Step left forward, hold
5-6-7-8 Toe strut forward right, left
9-16 Repeat last 8 counts

17 Making ¼ turn left on ball of left (weight on left) touch right toes to left heel
18 Twist left toes to right touching right heel to left toes
19-20 Twist left heel to right touching right toes to left heel, hold

The above 4 counts move slightly to the right and are known as "Dwight heels"

21-22-23 Twist both heels to left, twist toes to left, twist heels to left
24 Twist toes to left while making ¼ turn left (weight on left)

25-26-27-28 Rock forward on right, rock back on left, step back on right, hold
29-30 Rock back on left, rock forward on right
31-32 Stomp left beside right, scuff right to right

33-34-35-36 Step right to right, step left behind right, step right to right, step left across right
37-38-39-40 Rock/step right to right, rock left to left, step right across left, hold

&41-42 Step back on left, tap right heel forward twice
&43-44 Making ¼ turn left step right beside left, tap left heel forward, hold (weight on right)
45-46 Rock back on left, rock forward on right
47&48 Shuffle forward left, right, left

49-50-51-52 Rock forward on right, rock back on left, rock back on right, rock forward on left
53-54-55-56 Rock forward on right, rock back on left, step back on right, kick left forward

&57-58 Step back on left, touch right beside left, hold
&59-60 Step back on right, touch left heel forward, hold
&61-62 Step back on left, touch right beside left, hold
&63-64 Step back on right, touch left beside right, hold
& Step left beside right

REPEAT

TAG

At the end of the 2nd repetition (facing the back wall)

1-2-3-4 Rock back on left, rock forward on right, rock forward on left, rock back on right
5-6-7-8 Rock back on left, rock forward on right, step forward on left, stomp right beside left