Rockin Railroad



拍數: 32 編數: ultra Beginner east coast swing

編舞者: Nancy Morgan (USA)

音樂: Trashy Women Dance Mix - Confederate Railroad



TAP HEEL TWICE, TAP TOE TWICE, TAP HEEL, TAP TOE, HEEL FORWARD, DROP TOES TO FLOOR

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1-2	I an right	heel forward	two times

- 3-4 Tap right toes next to left (instep) two times
- 5-6 Tap right heel forward once, tap right toes next to left (instep) once
- 7-8 Put right heel forward, drop toes to floor as you shift you weight to your right

TAP HEEL TWICE, TAP TOE TWICE, TAP HEEL, TAP TOE, HEEL FORWARD, DROP TOES TO FLOOR

- 1-2 Tap left heel forward two (2) times
- 3-4 Tap left toes next to left (instep) two times
- 5-6 Tap left heel forward once, tap left toes next to right (instep) once
- 7-8 Put left heel forward, drop toes to floor as you shift you weight to your left

HEEL FORWARD, DROP TOES TO FLOOR, HEEL FORWARD, DROP TOES TO FLOOR, ROCK FORWARD AND BACK AND

1-2	Put right heel forward, drop toes to floor as you shift you weight to your right
3-4	Put left heel forward, drop toes to floor as you shift you weight to your left
5-6	(Rock step) step forward on right, step back on left

7-8 (Rock step) step forward on right, step back on left

STEP FORWARD, 1/4 TURN PIVOT, CROSS RIGHT OVER LEFT, CLAP, VINE LEFT, CLAP

1-2 Step forward on right, pivot ¼ turn to left as weight shifts to left

3-4 Cross right foot over left, clap

5-6-7 (Vine left) step left to left side, step right behind left, step left to left side

8 Touch right next to left and clap at same time

REPEAT