

# Rockin' Good Way

**COPPER KNOB**  
STEPPERS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Anne Harris (UK)  
音樂: A Rockin Good Way - Brook Benton



## RIGHT SYNCOPATED VINE; LEFT SAILOR; RIGHT SAILOR

1-2      Right step to right side, left cross behind right  
&3      Right step to right side, left cross over right  
4      Right step to right side  
5&6      Left step behind right, right step to right side, left step slightly forward  
7&8      Right step behind left, left step to left side, right step slightly forward

## LEFT SYNCOPATED VINE; RIGHT SAILOR; LEFT SAILOR

1-2      Left step to left side, right cross behind left  
&3      Left step to left side, right cross over left  
4      Left step to left side  
5&6      Right step behind right, left step to right side, right step slightly forward  
7&8      Left step behind left, right step to left side, left step slightly forward

## RIGHT KICK BALL STEP TWICE: STEP ¼ PIVOT TWICE

1&2      Kick right foot forward, small step back on right, step forward on to left  
3&4      Kick right foot forward, small step back on right, step forward on to left  
5-6      Right step forward, roll hips to the left while making ¼ turn left  
7-8      Right step forward, roll hips to the left while making ¼ turn left

## RIGHT ROCK; RECOVER; RIGHT ½ TURN SHUFFLE; STEP; ¼ PIVOT; HEEL SWITCHES

1-2      Rock forward on to right, recover weight back on to left  
3&4      Turning over right shoulder make ½ turn and shuffle forward right, left, right  
5-6      Left step forward, turning right make ¼ turn (weight on right)  
7&8      Touch left heel forward, close left beside right, touch right heel forward

## RIGHT SHIMMY TWICE

1      Right step to right side  
2-3-4      Slowly bring left to touch beside right while gently shimmying shoulders  
5-8      Repeat

## LEFT VINE; ½ PIVOT TWICE (OR ROCKING CHAIR)

1-2      Left step to left side, right cross behind left  
3-4      Left step to left side, right touch beside left  
5-6      Right step forward, turning left make ½ turn (weight on left)  
7-8      Right step forward, turning left make ½ turn (weight on left)

Easier alt: right rock forward, recover weight back on to left, right rock back, recover weight forward on to left

## REPEAT

## RESTART

Restart after count 32 on walls 3, 5, and 7

## ENDING

Start from the beginning and as you do the right sailor make ¼ turn right to end up facing front.