

Rockin' Easy

COPPER KNOB
STEPSHEETS

拍數: 54 牆數: 1 級數: Intermediate
編舞者: Jo Ann Ford & Ruth Ann Gallien
音樂: Got to Get You Off My Mind - Solomon Burke



TOUCH & STEP FORWARD RIGHT, LEFT, RIGHT

1-2 Touch right forward and to right side, step forward right
3-4 Touch left forward and to left side, step forward left
5-6 Touch right forward and to right side, step forward right

TWO LEFT KICK-BALL-CHANGES

7&8 Kick-ball-change starting on left foot
9&10 Kick-ball-change starting on left foot

STROLL RIGHT (4 STEP WEAVE) WITH ½ TURN RIGHT, REPEAT

11-12 Step left in front of right, step right to right
13-14 Step left behind right, step right to right
15-16 Step left across right making ½ turn right, step right in place (shifting weight to right)
17-22 Repeat steps 1-6

TWO LEFT ROCK STEPS, SHUFFLE

23-24 Step left over right, rock back onto right
25-26 Step left over right, rock back onto right
27&28 Shuffle in place left-right-left

TWO RIGHT ROCK STEPS, SHUFFLE

29-30 Step right over left, rock back onto left
31-32 Step right over left, rock back onto left
33&34 Shuffle in place left-right-left

SHUFFLE LEFT FORWARD, ½ PIVOT LEFT

35&36 Shuffle forward on left-right-left
37-38 Step forward on right, turn ½ to left (weight on left)

TWO SHUFFLES FORWARD RIGHT & LEFT, TWO ¼ PIVOTS LEFT

39&40 Shuffle forward on right-left-right
41&42 Shuffle forward on left-right-left
43-44 Step forward on right, turn ¼ to left (weight on left)
45-46 Step forward on right, turn ¼ to left (weight on left)

VINE RIGHT, SHUFFLE IN PLACE, VINE LEFT, SHUFFLE IN PLACE

47-48 Step right to right side, cross left behind right
49-50 Shuffle in place right-left-right
51-52 Step left to left side, cross right behind left
53&54 Shuffle in place left-right-left

REPEAT