

Rocking Chair Polka Two

COPPERKNOB
STEPPSHEETS

拍數: 32 牆數: 2 級數: Beginner polka
編舞者: Mike Conklin & Jan P. Kwit-Conklin (USA)
音樂: You Say You Will - Holly Dunn



POLKA FORWARD, ROCKING CHAIR

1&2 Polka forward (left, right, left)
3&4 Polka forward (right, left, right)
5 Step forward on left foot
6 Rock back onto right foot
7 Step back on left foot
8 Rock forward onto right

POLKA FORWARD, ROCKING CHAIR

9&10 Polka forward (left, right, left)
11&12 Polka forward (right, left, right)
13 Step forward on left foot
14 Rock back onto right foot
15 Step back on left foot
16 Rock forward onto right

POLKA FORWARD, STEP-SCUFF, ¼ TURN, SCUFF

17&18 Polka forward (left, right, left)
19&20 Polka forward (right, left, right)
21 Step forward on left foot
22 Scuff right foot forward
23 Step to the right on right foot making a ¼ turn right
24 Scuff left foot forward

POLKA LEFT, ¼ TURN, POLKA RIGHT, STEP BACK, ROCK STEP

25&26 Polka sideways to the left (left, right, left)
27 Step on right foot making a ¼ turn right
28 Step left foot next to right foot
29&30 Polka sideways to the right (right, left, right)
31 Step back on the left foot a little behind right not quite 3rd position
32 Rock forward onto right foot

REPEAT
