

Rockin' Chair Polka

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jim Wells (USA) & Judy Wells (USA)
音樂: Heartache Big As Texas - Ricky Van Shelton



POLKA FORWARD, ROCKING CHAIR

1&2 Step left foot forward, bring right foot to heel of left foot, step left foot forward
3&4 Step right foot forward, bring left foot to heel of right foot, step right foot forward
5 Step forward on left foot
6 Rock back on right foot in place
7 Step back on left foot
8 Rock forward on right foot in place

POLKA FORWARD, ROCKING CHAIR

9&10 Step left foot forward, bring right foot to heel of left foot, step left foot forward
11&12 Step right foot forward, bring left foot to heel of right foot, step right foot forward
13 Step forward on left foot
14 Rock back on right foot in place
15 Step back on left foot
16 Rock forward on right foot in place

POLKA FORWARD, STEP-SCUFF, ¼ TURN, SCUFF

17&18 Step left foot forward, bring right foot to heel of left foot, step left foot forward
19&20 Step right foot forward, bring left foot to heel of right foot, step right foot forward
21 Step forward on left foot
22 Scuff right foot forward
23 Step right foot to the right making a ¼ turn to the right
24 Scuff left foot forward

SIDE POLKA, ¼ TURN TO THE RIGHT, SIDE POLKA, PIVOT

25&26 Polka sideways to the left (left-right-left)
27 Step on right foot making ¼ turn to the right with the step
28 Step left foot next to right
29&30 Polka sideways to the right (right-left-right)
31 Step forward on left foot
32 Pivot ¼ turn right on left foot and shift weight to right foot

REPEAT