

# Rockin' Chair Polka

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jim Wells (USA) & Judy Wells (USA)  
音樂: Heartache Big As Texas - Ricky Van Shelton



## POLKA FORWARD, ROCKING CHAIR

1&2      Step left foot forward, bring right foot to heel of left foot, step left foot forward  
3&4      Step right foot forward, bring left foot to heel of right foot, step right foot forward  
5      Step forward on left foot  
6      Rock back on right foot in place  
7      Step back on left foot  
8      Rock forward on right foot in place

## POLKA FORWARD, ROCKING CHAIR

9&10      Step left foot forward, bring right foot to heel of left foot, step left foot forward  
11&12      Step right foot forward, bring left foot to heel of right foot, step right foot forward  
13      Step forward on left foot  
14      Rock back on right foot in place  
15      Step back on left foot  
16      Rock forward on right foot in place

## POLKA FORWARD, STEP-SCUFF, ¼ TURN, SCUFF

17&18      Step left foot forward, bring right foot to heel of left foot, step left foot forward  
19&20      Step right foot forward, bring left foot to heel of right foot, step right foot forward  
21      Step forward on left foot  
22      Scuff right foot forward  
23      Step right foot to the right making a ¼ turn to the right  
24      Scuff left foot forward

## SIDE POLKA, ¼ TURN TO THE RIGHT, SIDE POLKA, PIVOT

25&26      Polka sideways to the left (left-right-left)  
27      Step on right foot making ¼ turn to the right with the step  
28      Step left foot next to right  
29&30      Polka sideways to the right (right-left-right)  
31      Step forward on left foot  
32      Pivot ¼ turn right on left foot and shift weight to right foot

**REPEAT**

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