

# Rocking Cha Cha (Walker)

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Wartan Jemian (USA) & Deloris Reynolds  
音樂: Un Momento Alla - Rick Trevino



## FORWARD AND BACK ROCK AND CHA-CHA

Begin with either foot in either direction. Each of the following steps is taken with alternate feet

- 1            Rock forward with left foot
- 2            Rock back on right foot
- 3            Step in place on left
- &            Step in place on right
- 4            Step in place on left
- 5            Rock back with right foot
- 6            Rock forward on left foot
- 7            Step in place on right
- &            Step in place on left
- 8            Step in place on right

## RIGHT AND LEFT SIDE ROCK AND CHA-CHA

- 1            Rock right on right foot
- 2            Rock back on left foot
- 3&4        Triple step in place, right-left-right
- 5            Rock left on left foot
- 6            Rock back on right foot
- 7&8        Triple step in place, left-right-left

## SWAY VINE WITH KICK

- 1            Step right with right foot
- 2            Slide to step left foot beside right
- 3            Kick with right foot
- 4            Step right beside left
- 5-6-7-8-1-2-3-4 Sway vine to left
- 5            Kick with left foot
- 6            Step left beside right
- 7            Step forward with right turning  $\frac{1}{4}$  to left
- 8            Slide left foot beside right

## REPEAT

Rocking cha-cha can be danced by persons who feel they must use walkers. The tempo and movements are planned to allow easy manipulation of a walker, with or without wheels. Experience indicates that most dancers find the ability to dance without their walkers once they become accustomed to the steps