

Rockin' Around

拍數: 32 牆數: 0 級數:
編舞者: Justine Shuttleworth (AUS)
音樂: Jukebox - Michael Martin Murphey



- 1-2 Step right foot forward, scuff left foot forward
& Step left foot to left
3-4 Step right foot in place, step left foot forward
5-6 Kick right foot forward, step forward on right foot clicking with both hands
7-8 Raise both heels, twist $\frac{1}{4}$ turn left and drop heels clicking with both hands
- 1-2 Raise both heels, twist $\frac{1}{4}$ turn right and drop heels clicking with both hands
3-4 Kick right foot forward, pivot on ball of left foot $\frac{1}{4}$ turn right stepping right to right and click with both hands
5-6 Twist both heels left, twist both heels center
7&8 Step left behind right, step right to right, step left in place (sailor shuffle)
- 1-2 Turning $\frac{1}{4}$ turn right cross step right in front of left, step back on left,
3&4 Cross step right in front of left, step back on left, cross step right in front of left (feet should end up slightly apart)
5-6 On balls of both feet roll knees and body $\frac{1}{2}$ turn left (weight ending up on left foot)
& Step right next to left
7-8 Step left foot forward, scuff right foot forward
- 1-2 Cross right over left, step back on left
3&4 Tap right next to left, scoot back on left hitching right knee, step back on right
5-8 Bounce on the balls of both feet tapping both heels for 4 counts turning into a $\frac{1}{4}$ turn right

REPEAT
