

Rocking

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Christine Shipley (UK)
音樂: Rockin' The Country - Magill



DWIGHT RIGHT FOR 4, KICK BALL CROSS TWICE

- 1 Touch right toe to left instep, twisting left heel to right side
- 2 Touch right heel to left instep, twisting left toe to right side
- 3-4 Repeat steps 1, 2
- 5&6 Kick right foot forward, step onto it, step left across right
- 7&8 Repeat steps 5&6

RIGHT GRAPEVINE AND TOUCH, TOUCH LEFT HITCH AND CLAP TWICE

- 9-10 Step right to right side, step left behind right
- 11-12 Step right to right side, touch left next to right
- 13-14 Touch left toe out to left side, hitch left knee and clap
- 15-16 Repeat steps 13, 14

ROLLING GRAPEVINE TO LEFT AND TOUCH, TOUCH RIGHT HITCH AND CLAP TWICE

- 17-18 Step left ¼ turn left, on ball of left make ½ turn left, stepping back on right
- 19-20 On ball of right make ¼ turn right, stepping left to left side, touch right toe next to left foot
- 21-22 Touch right toe out to right side, hitch right knee and clap
- 23-24 Repeat steps 21, 22

CHUG TURN TWICE, BACK RIGHT, LEFT AND SWIVET

- 25-26 Touch right toe out to side, hitch right knee making 1/8 turn to left on ball of left foot
- 27-28 Repeat steps 25, 26
- 29-30 Step back onto right foot, step back onto left foot
- 31-32 On ball of left foot and heel of right foot twist toes to right side, replace

TAP, STEP, TAP, TAP, STEP, ½ PIVOT, TAP, STEP

- 33-34 Tap right toe in front, step onto it
- 35-36 Tap left toe in front twice
- 37-38 Step forward onto left foot, ½ pivot over right shoulder onto right foot
- 39-40 Tap left toe in front, step onto it

TAP, STEP, STEP, HITCH, BACK HITCH, BACK HITCH

- 41-42 Tap right toe in front, step onto it
- 43-44 Step onto left foot, hitch right knee
- 45-46 Touch right toe backwards, hitch right knee
- 47-48 Repeat steps 45, 46

½ MONTEREY TURNS TWICE

- 49 Point right toe to right side
- 50 On ball of left foot make ½ turn stepping right beside left
- 51-52 Point left toe to left side, step left in place
- 53-56 Repeat steps 49 to 52

CROSS ROCK FORWARD AND BACK AND FORWARD, TAP TAP

- 57-58 Cross rock right foot in front of left, step left onto left foot
- 59-60 Rock back onto right foot, step left onto left foot

61-62 Cross rock right foot in front of left, step left onto left foot
63-64 Tap right toe twice beside left instep

REPEAT

TAG

After the 3rd and 5th walls, repeat steps 57 to 64
