

Rocket Rotation

拍數: 40 牆數: 1 級數: Improver
編舞者: Unknown
音樂: 455 Rocket - Kathy Mattea



Set up this dance in four rows. During the last 8 counts, the front row (row 1) turns and shuffles to the rear becoming row 4 while the 2nd row becomes row 1

SIDE SHUFFLES WITH ROCK-STEPS

1&2 Step right foot to right side; step left together; step right foot to right side
3-4 Rock back on left foot; rock forward onto right foot
5&6 Step left foot to left side; step right together; step left foot to left side
7-8 Rock back on right foot; rock forward onto left foot

SIDE SHUFFLES WITH ROCK-STEPS

9&10 Step right foot to right side; step left together; step right foot to right side
11-12 Rock back on left foot; rock forward onto right foot
13&14 Step left foot to left side; step right together; step left foot to left side
15-16 Rock back on right foot; rock forward onto left foot

DIAGONAL SHUFFLES WITH DOUBLE KICK AND ROCK STEP

17&18 Step right foot diagonally forward right; step left together; step right foot diagonally forward right
19-20 Kick left foot forward twice (shout "whoop whoop" with the kicks)
21-22 Step left foot diagonally back left; step right together; step left foot diagonally back left
23-24 Rock back on right foot; rock forward onto left foot

DIAGONAL SHUFFLES WITH DOUBLE KICK AND ROCK STEP

25&26 Step right foot diagonally forward right; step left together; step right foot diagonally forward right
27-28 Kick left foot forward twice (shout "whoop whoop" with the kicks)
29&30 Step left foot diagonally back left; step right together; step left foot diagonally back left
31-32 Rock back on right foot; rock forward onto left foot

ROW 1--TURNING SHUFFLE, FORWARD SHUFFLES, TURNING SHUFFLE

33&34 Turning $\frac{1}{4}$ right, step on right foot; step left together; turning $\frac{1}{4}$ right step on right foot
35&36 Step left foot forward; step right together; step left foot forward
37&38 Step right foot forward; step left together; step right foot forward
39&40 Turning $\frac{1}{4}$ right, step on right foot; step left together; turning $\frac{1}{4}$ right step on right foot

Row 1 is now row 4 (back row)

ROWS 2,3,4--FORWARD SHUFFLES

33&34 Step right foot forward; step left together; step right foot forward
35&36 Step left foot forward; step right together; step left foot forward
37&38 Step right foot forward; step left together; step right foot forward
39&40 Step left foot forward; step right together; step left foot forward

Row 2 is now row 1 (front row)

REPEAT