

Rock-Don't Stop!

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 4 級數:
編舞者: Peter Metelnick (UK)
音樂: See Rock City - Rick Trevino



ROCK RIGHT FORWARD & BACK, RIGHT SIDE TOGETHER SIDE

1-2 Step right foot forward and rock forward, recover weight on left foot
3-4 Step right foot back and rock back, recover weight on left foot
5-6 Step right foot to right side, hold
& Step left foot together
7-8 Step right foot to right side, hold & clap with weight ending on right foot

ROCK LEFT FORWARD & BACK, LEFT SIDE TOGETHER SIDE

1-2 Step left foot forward and rock forward, recover weight on right foot
3-4 Step left foot back and rock back, recover weight on right foot
5-6 Step left foot to left side, hold
& Step right foot together
7-8 Step left foot to left side, hold & clap with weight ending on left foot

¼ RIGHT & FORWARD SHUFFLE, ROCK LEFT FORWARD, SIDE TOUCHES TRAVELING BACK

1&2 Turn ¼ right and step right foot forward, step left foot together, step right foot forward
3-4 Step left foot forward and rock forward, recover weight on right foot
5-6 Touch left toes to left side, hold & clap
& Cross step left foot behind right heel
7-8 Touch right toes to right side, hold & clap

ROCK RIGHT BACK, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD SHUFFLE, LEFT HEEL GRIND

1-2 Step right foot back and rock back, recover weight on left foot
3-4 Step right foot forward, pivot ½ left
5&6 Step right foot forward, step left foot together, step right foot forward
7-8 Touch left heel forward turning toes from right, to left

LEFT FORWARD SHUFFLE, RIGHT HEEL GRIND, RIGHT BACK SHUFFLE, LEFT COASTER STEP

1&2 Step left foot forward, step right foot together, step left foot forward
3-4 Touch right heel forward turning toes from left, to right
5&6 Step right foot back, step left foot together, step right foot back
7&8 Step left foot back, step right foot together, step left foot forward

REPEAT