

Rock-A-Bye

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karen Bleuer (USA)
音樂: Bury the Shovel - Clay Walker



WALK FORWARD RIGHT, LEFT, RIGHT SHUFFLE FORWARD (OR RIGHT FORWARD COASTER STEP), WALK BACK LEFT, RIGHT, SHUFFLE BACK (OR LEFT COASTER)

1-2 Walk forward right, left
3&4 Step right forward, step left beside right, step right forward

Optional coaster step

3&4 Step right forward, step left beside right, return right back
5-6 Walk back left, right
7&8 Step left back, step right beside left, step left back

Optional Coaster Step

7&8 Step left back, step right beside left, return left forward

WALK FORWARD RIGHT, LEFT, PIVOT ¼ LEFT, ROCK FORWARD, BACK, STEP PIVOT ½ LEFT

1-2 Walk forward right, turn ¼ left stepping left forward
3-6 Rock right forward, recover weight left, rock right back, recover weight left
7-8 Step right forward, pivot ½ turn left stepping weight onto left (weight is left)

WALK FORWARD RIGHT, LEFT, ROCK RIGHT FORWARD, BACK, STEP PIVOT ½ LEFT

1-2 Walk forward right, left
3-6 Rock right forward, recover weight left, rock right back, recover weight left
7-8 Step right forward, pivot ½ turn left stepping weight onto left

FORWARD STEP TOUCH RIGHT, LEFT, HIP SWAYS

1-2 Step right forward on slight angle right, touch left beside right
3-4 Step left forward on slight angle left, touch right beside left
5-8 Rocking weight right, left, right, left, move hips right, left, right, left

REPEAT
