

Rock This Joint

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK)
音樂: Rock This Joint - Charlie Daniels



TOE BRUSH CROSS TWICE, BACK BACK

- 1-3 Touch right toe to right side with right knee turned in slightly towards left knee, right heel will be up & facing outwards, brush right heel forward & across left, step right over left
4-6 Repeat above 3 counts leading with left
7-8 Step back on right, step back on left feet parallel about shoulder width apart (12:00)

FORWARD, FORWARD, BACK, BACK, RIGHT, LOCK, TOUCH

- 1-4 Step forward on right, step forward on left parallel with right about shoulder width apart, step back on right, step back on left feet parallel about shoulder width apart (if you want to you can do the forward steps as heel steps forward, so you will be stepping forward on your right heel then left heel with toes off floor & facing up, it's up to you)
5-8 Step forward right to slight right diagonal lock left behind right, step forward right to slight diagonal, touch left next to right (12:00)

WEAVE LEFT, TOUCH

- 1-4 Step left to left side, cross right behind left, step left to left side, cross right over left
5-8 Step left to left side, cross right behind left, step left to left side, touch right next to left (12:00)

¼ CLICK, ½ CLICK, ½ CLICK, ½ CLICK (TURNING RIGHT)

- 1-4 Making a ¼ turn right step forward on right, hold & click fingers, making ½ turn right step back on left, hold & click
5-8 Making ½ turn right step forward on right, hold & click, making ½ turn right step back on left, hold & click (9:00)

ROCK BACK REPLACE STEP FORWARD HOLD, LEFT LOCK FORWARD HOLD

- 1-4 Rock back on right, replace weight on left, step forward on right, hold
5-8 Step forward on left, lock right behind left, step forward on left, hold, (9:00)

ROCK FORWARD REPLACE STEP BACK HOLD RIGHT LOCK BACK HOLD

- 1-4 Rock forward on right, replace weight on left, step back on right, hold
5-8 Step back on left, lock right over left, step back on left, hold (9:00)

SAILOR ¼ TURN HOLD CROSS ROCK ¼ TURN HOLD

- 1-4 Sweeping right out & behind left make ¼ turn right & step back on right, step left to left side, step right slightly to right side, hold
5-8 Cross rock right over left, replace weight to right, make ¼ turn left step forward left, hold (9:00)

KICK KICK BACK TOUCH LEFT LOCK TOUCH

- 1-4 Kick forward with right, repeat kick, step back on right, touch left toe across right
5-8 Step forward on left, lock right behind left, step forward on left, hold (9:00)

REPEAT