

# Rock The Boat

拍數: 64      牆數: 4      級數: Intermediate/Advanced  
編舞者: Levi J. Hubbard (USA)  
音樂: Rock the Boat - Chris Cagle



## HEEL TAP, CROSS HOOK, (2)HEEL TAPS, TOE, HEEL, TOE, STOMP

- 1-2            Tap right heel forward, cross hook right in front of left leg just below knee
- 3-4            Tap right heel forward, tap right heel forward
- 5-6            Tap right toe backward, tap right heel forward
- 7-8            Tap right toe backward, stomp next to left
- 9-16          Repeat above counts 1-8 starting with left foot

**Variation: on counts 7 and 8 stomp right foot in place twice, and on 15 and 16 stomp left foot in place. I have found that this is easier for some dancers**

## VINE (LEFT), HEEL SWITCHES

- 17-18        Step left to side, step right behind left
- 19-20        Step left to side, stomp right next to left
- 21-22        Tap left heel forward, bringing left heel back in place tap right heel forward
- 23-24        Bringing right heel back in place tap left heel forward, bringing left heel back in place tap right heel forward

## VINE (RIGHT) WITH $\frac{3}{4}$ TURN (RIGHT), TWO STEPS BACKWARD, SHUFFLE BACKWARD

- 25-26        Step right to side, step left behind right
- 27-28        Pre-step right into  $\frac{1}{4}$  turn right, scuff left next to right turning  $\frac{1}{2}$  turn right by pivoting on (ball of) right foot
- 29-30        Step left backward, step right backward
- 31&32        Step left backward, step right backward, step left backward

## ROCK-RECOVER, STOMP, STOMP, VINE (LEFT)

- 33-34        Step (rock) back on right while slightly lifting left off floor, lower left back to floor
- 35-36        Stomp right next to left, stomp right in place (quickly taking weight)
- 37-38        Step left to side, step right behind left
- 39-40        Step left to side, stomp right next to left (no weight)

## VINE (RIGHT), STEP, SCUFF, STEP, SCUFF

- 41-42        Step right to side, step left behind right
- 43-44        Step right to side, stomp left next to right (no weight)
- 45-46        Step left forward, scuff right forward
- 47-48        Step right forward, scuff left forward

## STEP, SCUFF, TWO STEPS FORWARD, HEEL TAP, TOE TAP, STOMP, STOMP

- 49-50        Step left forward, scuff right forward
- 51-52        Step right forward, step left forward
- 53-54        Tap right heel forward, tap right heel backward
- 55-56        Stomp right in place, stomp right in place (quickly taking weight)

## HEEL TAP, TOE TAP, STOMP, STOMP, JUMPING JACK, $\frac{1}{2}$ PIVOT TURN (LEFT), STOMP

- 57-58        Tap left heel forward, tap left toe backward
- 59-60        Stomp left in place, stomp left in place
- 61-62        Jump feet apart landing shoulder-width apart, jump crossing right over left
- 63-64        Unwind by pivoting  $\frac{1}{2}$  turn left on (balls of) feet, stomp right in place (no weight) or hold for 1 count

REPEAT

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