

Rock My World

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Lara D'agostino (USA) & David Solsberg (USA)
音樂: Heartache Tonight - John Anderson



BACKWARD ZIG ZAGS

- 1 Step back on right foot at a slight angle
- 2 Clap hands
- 3 Step back on left foot at a slight angle
- 4 Clap hands
- 5-8 Repeat steps 1-4

KICK-BALL-CHANGE

- 9&10 Right kick-ball-change
- 11&12 Right kick-ball-change

STEP & TURN

- 13 Step forward on right foot
- 14 Point left toe out to left side and make a $\frac{1}{4}$ turn to the right (at the same time)

CROSS & POINT

- 15 Cross left foot over right foot
- 16 Point right toe out to right side

HOP & POINT

- 17 (with a hop) point left toe out to left side as you bring right toe "home"
- 18 (with a hop) point right toe out to right side as you bring left toe "home"
- 19 (with a hop) point left toe out to left side as you bring right toe "home"
- 20 Stomp left foot next to right
- 21 Point right toe out to right side
- 22 Step right foot next to left
- 23 Point left toe out to left side
- 24 Step left foot next to right

MONTEREY SPINS

- 25 Point right toe out to right side, push off on right and make a $\frac{1}{2}$ turn to the left (pivot on ball of left foot)
- 26 Bring right foot next to left
- 27 Point left toe out to left side
- 28 Step left foot next to right
- 29 Point right toe out to right side, push off on right and make a $\frac{1}{2}$ turn to the left (pivot on ball of left foot)
- 30 Bring right foot next to left
- 31 Point left toe out to left side
- 32 Cross left foot over right foot

VINE WITH TURN

- 33-35 Vine right (step right, left behind, step right and spin $\frac{1}{2}$ turn to right)
- 36 Stomp left foot next to right

HEEL SWIVELS

- 37-40 Swivel heels to left, center, right, center

ROCK STEPS & SHUFFLE

- 41 Rock forward on right foot
- 42 Rock back on left foot while lifting right foot slightly
- 43&44 Shuffle back right, left, right
- 45 Rock back on left foot
- 46 Rock forward on right foot while lifting left foot slightly
- 47&48 Shuffle forward left, right, left

TURNS & SHUFFLES

- 49&50 Step forward on right foot, pivot $\frac{1}{2}$ turn left
- 51&52 Shuffle forward right, left, right
- 53&54 Step forward on left foot, pivot $\frac{1}{2}$ turn right
- 55 Stomp left foot next to right
- 56 Clap hands together

REPEAT
