

Rock Me Gently

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Jean Edwards (USA)
音樂: Rock Me Gently - Neil Diamond



ROCK, RECOVER, ½ TURNING SHUFFLE, TIMES 2

1-2 Rock forward on right, recover on left
3&4 Right ½ turning shuffle, right-left-right
5-6 Rock forward on left, recover on right
7&8 Left ½ tuning shuffle, left-right-left

CROSS ROCK, TIMES 2, LEFT ¾ TURNING SHUFFLE, ROCK, RECOVER

1-2 Cross rock right over left, recover on left
&3-4 Step right, cross rock left over right, recover on right
5&6 ¾ turn left turn, shuffling left-right-left
7-8 Rock forward on right, recover on left

LINDY RIGHT, LINDY LEFT

1&2 Right shuffle, right-left-right
3-4 Rock back on left, recover on right
5&6 Left shuffle, left-right-left
7-8 Rock back on right, recover left

SIDE ROCK, STEP ¼ TURN LEFT, ROCK FORWARD, RECOVER, RIGHT BACK ROCK, ¼ TURN LEFT, STEP, STEP RIGHT FORWARD PIVOT ¼ LEFT, STEP

1-2 Rock right to right side, step left making ¼ turn
3-4 Rock forward right, recover on left
5-6 Rock back on right, make ¼ turn left stepping left beside right
7-8 Step forward on right pivot ¼ turn left, step left beside right (take weight)

REPEAT
