

# Rock 4 Old Times

**COPPER KNOB**  
BY STEPHEN T. HARRIS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jo Conroy (UK)  
音樂: Old Time Rock & Roll - Bob Seger



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## RIGHT SIDE SHUFFLE, LEFT BACK ROCK, LEFT SIDE SHUFFLE RIGHT BACK ROCK

1&2      Shuffle right right-left-right  
3-4      Rock left behind right, recover on to right  
5&6      Shuffle left left-right-left  
7-8      Rock right behind left, recover on to right

## SHUFFLE ½ TURN LEFT ROCK BACK RECOVER, SHUFFLE HALF TURN RIGHT ROCK BACK, RECOVER

1&2      Make a half turn left & shuffle right-left-right  
3-4      Rock back on left recover on to right  
5&6      Make a half turn right & shuffle left-right-left  
7-8      Rock back on right recover on to left

## SWITCH & SWITCH & WALK RIGHT LEFT TWICE

1&2      Touch right toe forward, step weight on to right foot, touch left toe forward  
&3-4      Step weight on to left, walk right left  
5&6      Repeat 1&2  
&7-8      Repeat &3-4

## MONTEREY ¼ TURN RIGHT, SWITCHES ½ TURN LEFT

1-2      Point right toe to right side, ¼ turn right stepping right next to left  
3-4      Point left toe to left side, step left next to right (weight on left)  
5&6      Touch right heel forward & step right next to left, make ¼ turn left & touch left heel forward  
&7      Step weight on to left & touch right heel forward  
&8      Step weight on to right, ¼ turn left touching left heel forward  
&      Bring weight on to left

## REPEAT

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