

# Rock DJ

拍數: 40      牆數: 2      級數: Intermediate  
編舞者: Sam Armstrong (UK) & Ruth Armstrong (UK)  
音樂: Rock DJ - Robbie Williams



## HEEL GRIND, SIDE CHASSE (TWICE)

1-2            Put right heel forward (no weight), grind/fan toes to right  
3&4            Side chasse right, stepping right, left, right  
5-6            Put left heel forward (no weight), grind/fan toes to left  
7&8            Side chasse left, stepping left, right, left

## FULL TURNS (TWICE)

9&10&        Step right, quarter turn, step right, quarter turn  
11&12&        Repeat above  
13&14&        Step left, quarter turn, step left, quarter turn  
15&16&        Repeat above

Full turns should be made with a swaying motion for extra style

Optional hand movements: on turning right, place left hand on hip, point right hand in air, rotate wrist to the left. On turning left, mirror above

## CROSS, UNWIND, BACK SHUFFLE, ROCK, FORWARD SHUFFLE

17-18        Cross right over left, unwind ½ turn to left  
19&20        Step left back, lock right over left, step back left  
21-22        Rock back on right, forward on left  
23&24        Step right forward, lock left behind right, step right forward

## SIDE TOUCHES, HOLDS, HEEL SWITCHES, SCISSOR STEP

25-26        Touch left to left side, hold for one beat  
&27-28        Bring left in place, touch right to right side, hold for one beat  
&29            Bring right in place, put left heel forward  
&30            Bring left in place, put right heel forward  
31&32        Step right to right side, bring left in place, cross right over left

## SIDE TOUCHES, HOLDS, HEEL SWITCHES, COASTER STEP

33-34        Touch left to left side, hold for one beat  
&35-36        Bring left in place, touch right to right side, hold for one beat  
&37            Put right heel forward, bring right in place  
&38            Put left heel forward, bring left in place  
39&40        Step left back, step right back next to left, step left forward

Optional styling: on side touches, point both hands, downwards towards foot that is touching to side

REPEAT